

Junior Researcher Mentoring Programme

2023

Code:	JRMP2023_38
School / Department:	School of Nursing
Name of Research Team Member(s):	Dr Teris Cheung, Assistant Professor Dr Sau-fong Leung, Associate Professor
Research Topic:	A Randomized, Double-blinded, Sham-controlled Clinical Trial to Evaluate the Effect of Electrical Vestibular Nerve Stimulation (VeNS) on Anxiety - The Modius Stress study
Short Description of the Research Project:	<p>The objectives of the research project are:</p> <ol style="list-style-type: none"> 1) To examine the association between VeNS data usage, anxiety symptom severity, insomnia severity and Quality of Life (QoL); and 2) To evaluate the efficacy of VeNS on anxiety severity in community-dwelling adults in Hong Kong. <p>The participating students will be given ample opportunities to learn how to conduct a randomized controlled trial (RCT). They will also be involved in subject screening, subject recruitment, data collection, data analysis, and the manuscript writing process. Since this study is using high technological device to treat symptoms of anxiety, they will be able to learn more about mental health research using the latest Neuroscience neurostimulation to treat anxiety symptoms. They may also be involved in international seminars/ conferences, if indicated, as this project is an international collaboration with HKU, CUHK, India and the United Kingdom.</p>
No. of Places Offered:	5

Frequency of Meetings:	Bi-weekly
Special Requirement(s):	Nil

** The information presented above is subject to change.*