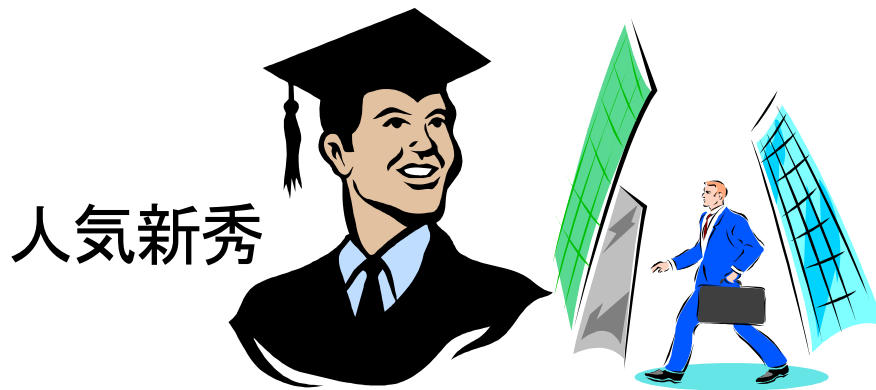


Becoming a Preferred Graduate in Occupational Therapy



人気新秀

Are you the one?

Preferred Graduate Checklist + Reflective Note
= Your Story of Becoming a Preferred Graduate

Your Story of Becoming a Preferred Graduate

Monitoring your development and reflecting on your experience help you become better. The checklists and templates in this document are specially designed to help you monitor and reflect on your status as a preferred graduate.

How?

1. Use the *preferred graduate checklist* to check your status as a preferred graduate at regular intervals (e.g. every year / semester)
2. *Reflect* – the guidelines in the reflection templates will help you – and write down your reflections, thoughts, ideas, plans...

Write your story,

Live your story!



Preferred Graduate Checklist



What is a Preferred Graduate in Occupational Therapy? See table below.

Why are the qualities of a Preferred Graduate important? Read the first column carefully.

Nature of the Occupational Therapy discipline	Qualities of the Preferred Graduates in Occupational Therapy	How far am I from being a Preferred Graduate?
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'How much water would there be in your bucket?'

A B C D E

Circle one.

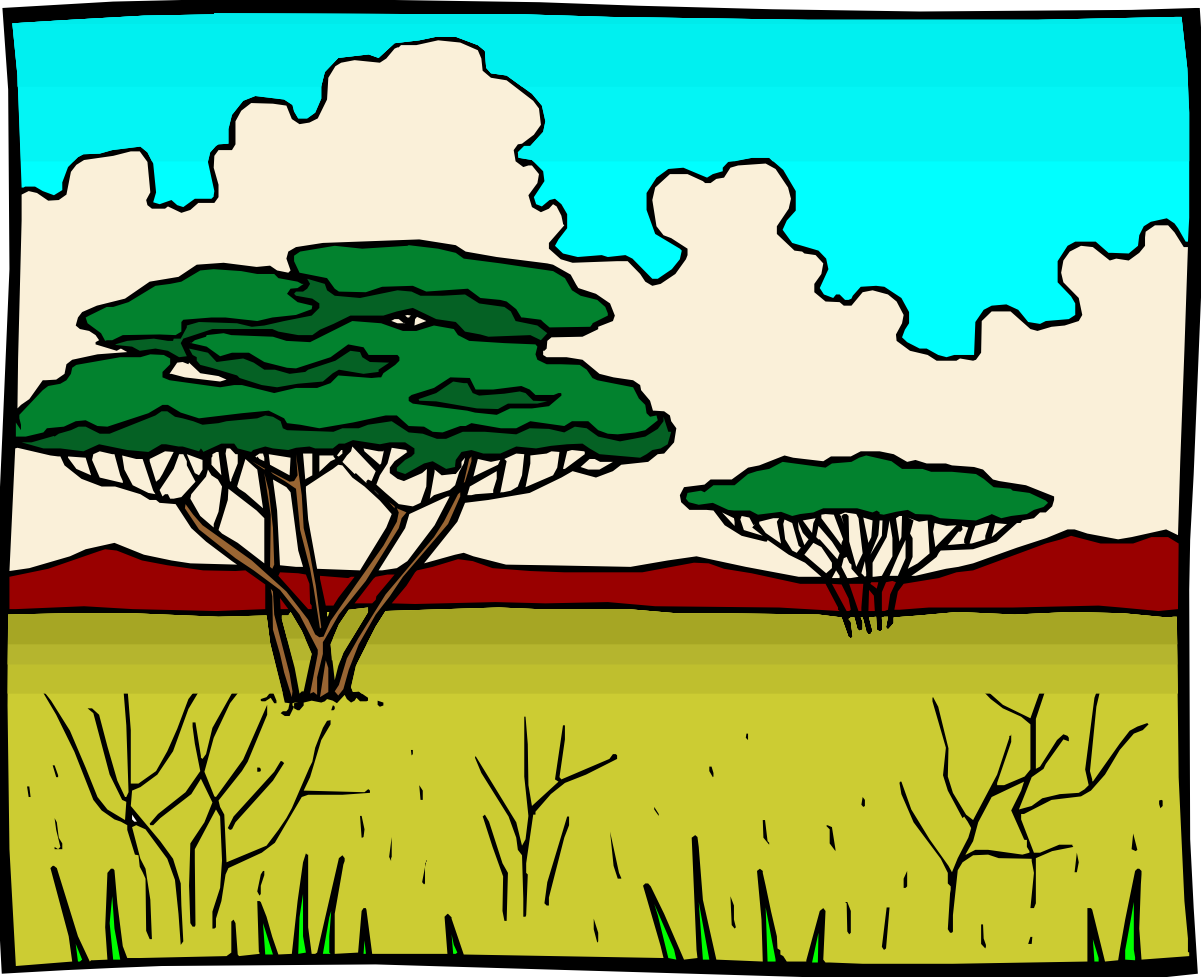
Occupational Therapy <ul style="list-style-type: none"> Design and use of therapeutic activities (occupations) to increase independent function in daily living tasks, work, and leisure; enhance development; and prevent disability. 	General understanding of the work and role of an occupational therapist	A B C D E	1
Occupational Therapists <ul style="list-style-type: none"> Contribute to the health care service through client evaluation, treatment planning and delivery, health education, research and consultation. 	Competency in practice, for example, know how to apply the learned skills and technology in actual occupational therapy practice	A B C D E	2
Because there are so many areas of work in this profession, it may be necessary for you to choose some potential areas for specialization.	Specialized knowledge in the chosen areas of occupational therapy	A B C D E	3
Occupational therapists should adopt a holistic and empathetic approach to care for their clients.	Caring attitude and cultural sensitivity to the clients' needs.	A B C D E	4

Continued on the next page...



Nature of the Occupational Therapy discipline	Qualities of the Preferred Graduates in Occupational Therapy	<i>How far am I from being a Preferred Graduate?</i>
Occupational therapists will be working in collaboration with clients and the health care team. You must communicate well with <ul style="list-style-type: none"> • doctors, nurses and allied health care professionals; • clients and their family members. 	Good communication & interpersonal skills	A B C D E 4
	Ability to work with colleagues that serve the clients' best interest	A B C D E 5
	Have an understanding of the roles and contributions of other health care team members	A B C D E 6
Occupational therapists may lead a team in performing a service. You must function effectively in the team and take up leadership responsibilities when needed.	Ability to manage clinical procedures and supervise subordinates in the workplace	A B C D E 7
	Ability to be a role model for occupational therapy colleagues	A B C D E 8
Occupational therapists must constantly update their knowledge about the discipline and adopt the culture of life-long learning.	Independent and life-long learning skills	A B C D E 9
	Ability to reflect on experiences to improve clinical practice	A B C D E 10
When facing a problem, occupational therapists are able to consider all available solutions before deciding on the best option. They must not only focus on a few solutions but also new and innovative ones.	Open-mindedness	A B C D E 11
	Creativity	A B C D E 12
	Critical thinking and analytical skills	A B C D E 13
	Problem solving skills	A B C D E 14
	Evidence-based practice	A B C D E 15
Occupational therapists must observe and maintain the ethical standards of the profession.	Responsibility and accountability for their actions	A B C D E 16
	Ability to reflect upon rights and wrongs of clinical practice	A B C D E 17

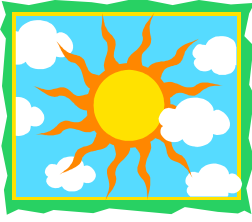
Turn to the next page...



Your first time... with the preferred graduate checklist

Now that you have completed the preferred graduate checklist for the first time, what have you learnt about your discipline? What have you learnt about *yourself* as a future professional in that discipline? How prepared are you? What do you need to work on? How...

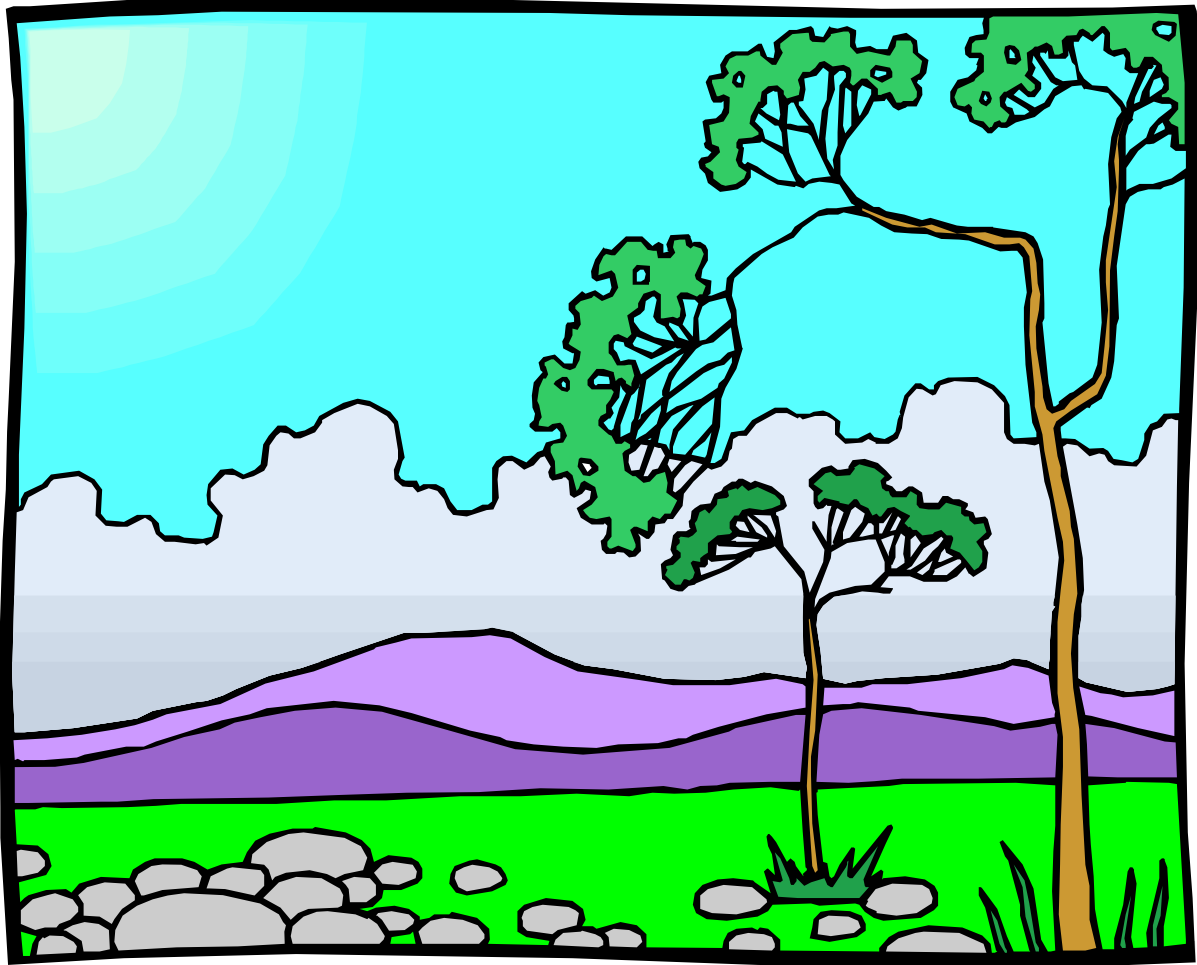
- 1) Assess your status as a preferred graduate by completing the preferred graduate checklist.
- 2) Write on next page your reflections and plans regarding your development as a preferred graduate.



My Reflections...

Today is _____

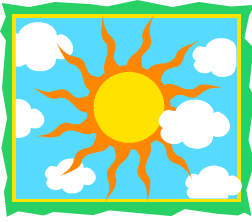
- ☉ Is being a professional in your field like what you have expected?
- ☉ What qualities do you need? What qualities do you have?
- ☉ How do you plan to develop the qualities you need?



One year has gone... How far have you gone?

It has been some times since you last completed a preferred graduate checklist, how far have you progressed since then? What qualities have you developed or need to develop? What new goals will you set for the coming year?

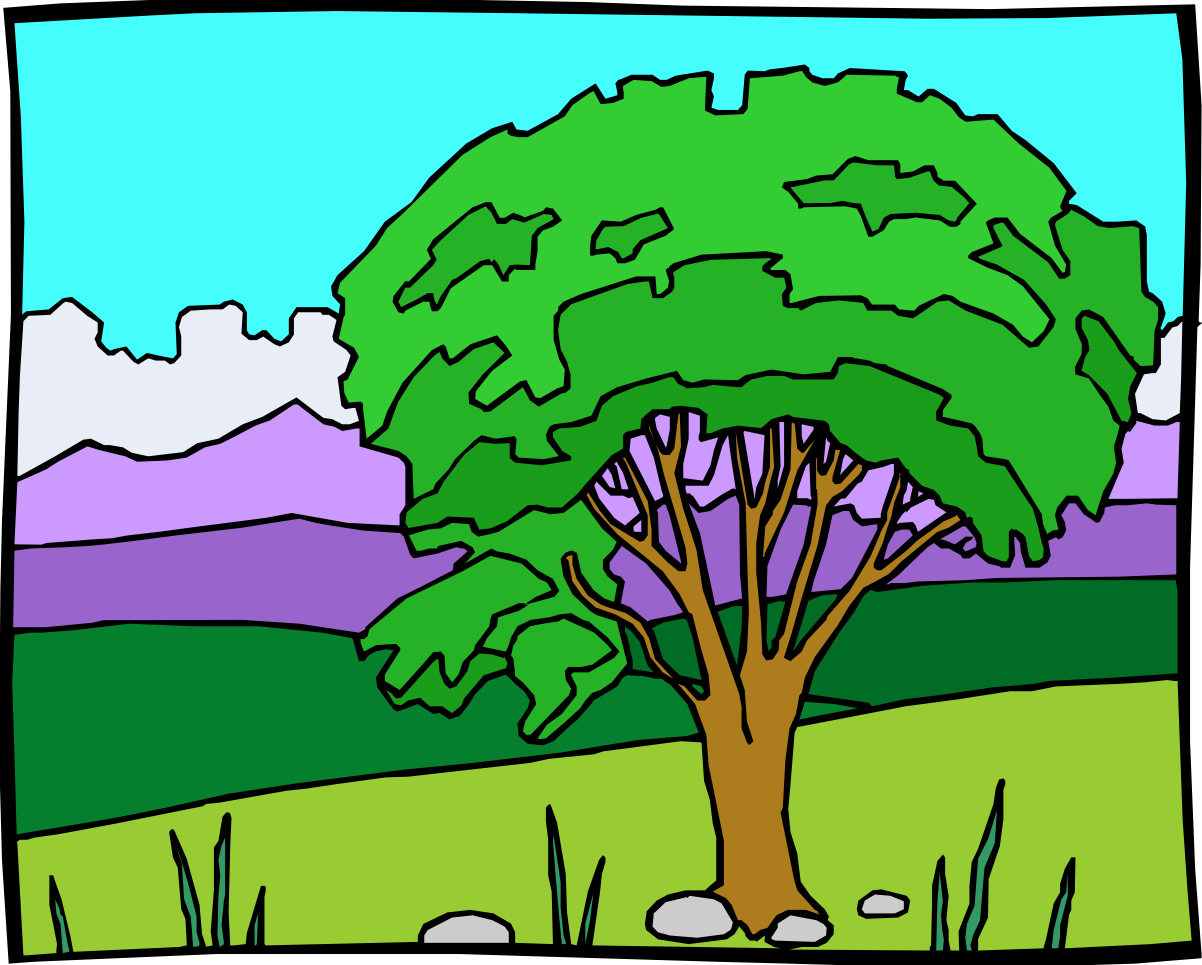
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My Reflections...

Today is _____

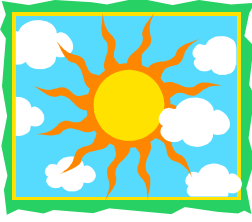
- Have you achieved the goals that you set last time?
- Are the strategies that you have used to develop relevant qualities effective?
- What do you need to work further on?



The time is coming closer... Let's give it the finishing touch

You are now only one year from your becoming a professional, how far left do you have to go? What steps do you need to take to get there (in terms of competence rather than qualification)? What would be your focuses this year?

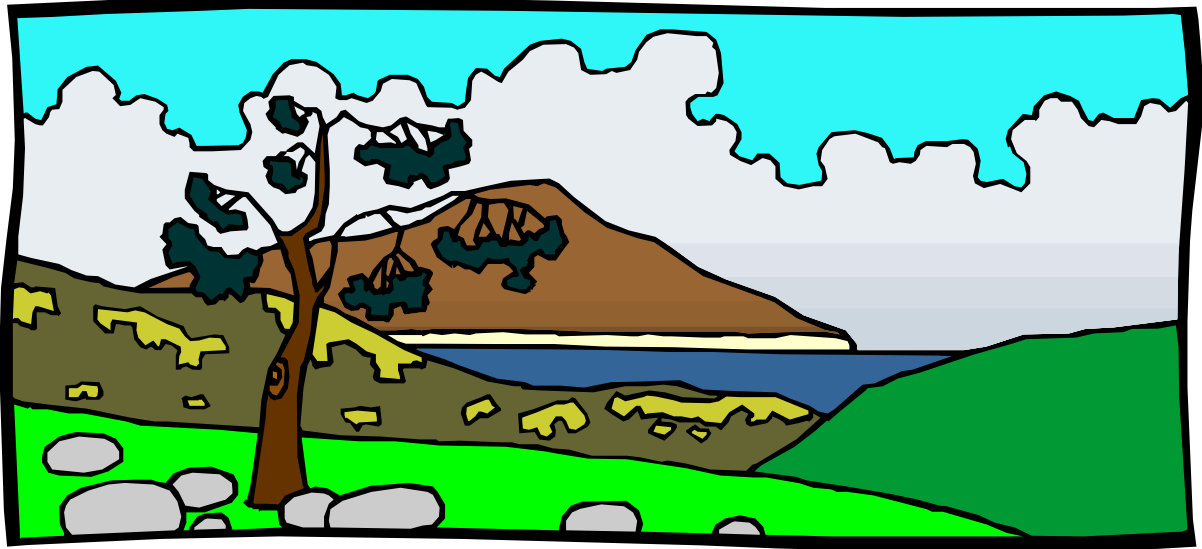
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My Reflections...

Today is _____

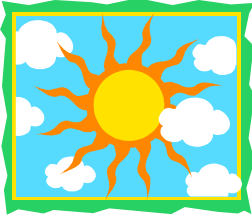
- ④ What qualities remained to be developed?
- ④ What learning difficulties have you encountered? How could they be overcome?
- ④ How would you plan this year in relation to your career development?



Finale... Are you ready?

At last, you are here, up on a hill looking at the prospect that lies in front of you, seeing all the challenges and opportunities. After all these years, what have you learnt about yourself? Are you ready?

- 1) Assess your status as a preferred graduate by completing the preferred graduate checklist.
- 2) Write on next page your reflections and plans regarding your development as a preferred graduate.



My Reflections...

Today is _____

- ④ What do you know about your strengths and weaknesses?
- ④ How well do you know yourself as a learner, a professional, and a person?
- ④ What will you bring with you from your university life into your working life?