

# EAGLE Global Youth Leadership Programme

## 2023/24 Timeline for the Explorers (Tentative)

Period	Months	Time	Item	Remarks
Semester One	Sep 2023		<ul style="list-style-type: none"> <li>Students should register for EAGLE, its leadership-enhancement opportunities in Semester One, and indicate their interest in “EAGLE the Explorers” when filling in the registration form.</li> <li>Shortlisted applicants will be invited for an interview in Semester Two</li> </ul>	
	<b>Leadership-enhancement Opportunities – Open for Registration</b>			
	<b>Courses and Workshops</b>			
	30 Sep (Wed)	15:00 – 16:30	<sup>1</sup> Let’s have a heart-to-heart talk!	
	3 Oct (Tue)	15:30 – 17:30	<sup>2</sup> Mindful Coffee Workshop	Cantonese
	6 Oct (Fri)	14:00 – 15:30	<sup>2</sup> Mindful Self-compassion: a Talk	
	9 Oct (Mon)	15:30 – 17:30	<sup>2</sup> Mindful Coffee Workshop	
	13 Oct (Fri)	15:00 – 16:30	<sup>1</sup> The Courage to be Disliked: Reflection on Interpersonal Struggle	
	14 Oct (Sat)	14:30 – 17:30	Project planning, execution, evaluation, and crisis management	
	17 Oct (Tue)	17:30 – 19:30	Professional presentation skills	
	19 Oct (Thu)	15:30 – 17:30	<sup>2</sup> Aromatherapy Workshop	Cantonese
	20 & 27 Oct (Fri)	14:30 – 17:30	<sup>1</sup> Unraveling Puzzle: MBTI® for Self-Awareness and Effective Communication	Cantonese
	26 Oct (Thu)	15:30 – 17:30	<sup>2</sup> Aromatherapy Workshop	
	28 Oct (Sat)	11:30 – 13:30	Understanding diverse China	
		14:30 – 17:30	Intercultural competence	
	2 Nov (Thu)	18:30 – 21:30	Inspiring Motivation	
	6 Nov (Mon)	15:00 – 17:00	<sup>1</sup> Learning How to Love – the 5 Love Languages	
	11 Nov (Sat)	14:30 – 17:30	Ethics in leadership	
	13 Nov (Mon)	15:00 – 17:00	<sup>1</sup> Learning How to Love – the 5 Love Languages	Cantonese
	24 Nov & 1 Dec (Fri)	13:30 – 16:30	<sup>1</sup> Unraveling Puzzle: MBTI® for Self-Awareness and Effective Communication	
Winter Break	4 Jan 2024 (Thu)	TBC	<b>Local Engagement</b>	
	11-12 Jan (Thu-Fri)	Full days	<b>Leadership Training Camp</b>	
Semester Two	Jan – Feb 2024	Shortlisted applicants will be invited for an interview		
	Week 10 – 11	Workshops on UNSDGs, personal growth, etc.		

<b>Period</b>	<b>Months</b>	<b>Time</b>	<b>Item</b>	<b>Remarks</b>
Summer	11/12 Jul		Online pre-trip briefing	
	22 – 27 Jul		<b>Offshore expedition to Vietnam on sustainability</b>	
	Aug – Sep		Post-trip activities and commitments	
Further Advancement	“Explorers” will be invited to become “EAGLE Ambassadors”, to represent PolyU, SAO, and EAGLE in various occasions, collaborate with partners for post-trip development, etc.			

<sup>1</sup> Interpersonal Relationship and Intrapersonal Discovery (Workshop Series)

<sup>2</sup> Positive Psychology (Workshop Series)