

Subject Code	SN2S03
Subject Title	Healthy Lifestyle Challenges for Developing Communities
Hosting Department	School of Nursing
Level	2
Class Quota	60 (Indonesia Trip – 40; Cambodia/Vietnam trip: 20)
Medium of Instruction	English
Subject Duration	Semester 2+3
Teaching Staff	Dr Patrick Kor, Ms. Phyllis Pang & Dr Rick Kwan
Target Students	GUR, open-for-all
Pre-requisites	Nil
Selection of students required?	<ul style="list-style-type: none"> ➤ Basic health care knowledge, good communication skills and sense of responsibility are preferable ➤ A self-introduction video (about 3 minutes, in English) have to be submitted for selection. The video should include but not limited to students': 1. Experience/background related to services learning; 2. Reasons for selecting this subject and 3. Expectation of this subject ➤ Higher priority will be given to students with experiences such as first aid courses, Scout/ Girl-guide/ Red Cross/ Cadet/ Brigade extra-curricular activities in secondary school, etc. The maturity of the student will also be taken into account.
Subject Synopsis	<p>Objectives:</p> <ul style="list-style-type: none"> ➤ To raise students' awareness of health issues in developing communities ➤ To educate students on challenges and needs in maintaining a healthy lifestyle ➤ To interview people and to observe their daily living behavior and patterns ➤ To provide basic physical assessment and health education to the people in developing communities
Service Project	
What will students do to serve?	<p>The service-learning project will take place offshore during the summer term. In total, students will be expected to spend 40 hours in direct service to a total of 5 days during summer semester.</p> <p>We envision that the service-learning project tentatively as follows:</p> <ul style="list-style-type: none"> • Day 1 & 2: Visits and interviews to targeted families living in the rural village or slums. • Day 3: Visit to neighboring place / markets to investigate the variety of food and price; development of proposal on healthy eating and lifestyle for client families • Day 4 & 5: Re-visit the recipients again to present proposal for modification on healthy lifestyle
Whom will students serve?	People / family who are living in developing communities

Updated on [Date]

<p>Where will students serve?</p>	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;"><input type="checkbox"/> Hong Kong</td> <td style="border-bottom: 1px solid black;">District:</td> </tr> <tr> <td><input type="checkbox"/> Chinese mainland</td> <td style="border-bottom: 1px solid black;">Province:</td> </tr> <tr> <td></td> <td style="border-bottom: 1px solid black;">City:</td> </tr> <tr> <td><input type="checkbox"/> Taiwan</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Macau</td> <td></td> </tr> <tr> <td><input checked="" type="checkbox"/> Overseas</td> <td style="border-bottom: 1px solid black;">Country: Indonesia or Cambodia/Vietnam</td> </tr> <tr> <td></td> <td style="border-bottom: 1px solid black;">City:</td> </tr> </table>	<input type="checkbox"/> Hong Kong	District:	<input type="checkbox"/> Chinese mainland	Province:		City:	<input type="checkbox"/> Taiwan		<input type="checkbox"/> Macau		<input checked="" type="checkbox"/> Overseas	Country: Indonesia or Cambodia/Vietnam		City:
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<p>When will students serve?</p>	<p>2 weeks in the summer term (TBC)</p>														
<p>Fee payable by students</p>	<p>TBC</p>														
<p>Service Attributes</p>															
<p>Service Mode</p> <p>Service Language</p> <p>Service Location</p>	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;"><input type="checkbox"/> #OnlineService</td> </tr> <tr> <td><input checked="" type="checkbox"/> #F2FService</td> </tr> <tr> <td><input type="checkbox"/> #ServiceClient_Cantonese</td> </tr> <tr> <td><input checked="" type="checkbox"/> #ServiceClient_English</td> </tr> <tr> <td><input type="checkbox"/> #ServiceClient_Putonghua</td> </tr> <tr> <td><input checked="" type="checkbox"/> #ServiceClient_OtherNonEnglish</td> </tr> <tr> <td><input type="checkbox"/> #Location_HK</td> </tr> <tr> <td><input type="checkbox"/> #Location_MainlandChina</td> </tr> <tr> <td><input type="checkbox"/> #Location_Taiwan</td> </tr> <tr> <td><input type="checkbox"/> #Location_Macau</td> </tr> <tr> <td><input checked="" type="checkbox"/> #Location_Overseas</td> </tr> </table>	<input type="checkbox"/> #OnlineService	<input checked="" type="checkbox"/> #F2FService	<input type="checkbox"/> #ServiceClient_Cantonese	<input checked="" type="checkbox"/> #ServiceClient_English	<input type="checkbox"/> #ServiceClient_Putonghua	<input checked="" type="checkbox"/> #ServiceClient_OtherNonEnglish	<input type="checkbox"/> #Location_HK	<input type="checkbox"/> #Location_MainlandChina	<input type="checkbox"/> #Location_Taiwan	<input type="checkbox"/> #Location_Macau	<input checked="" type="checkbox"/> #Location_Overseas			
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<p>Enquiry</p>	<p>Dr Patrick Kor: Patrick.kor@polyu.edu.hk</p>														
<p>Remarks</p>	<p>If unforeseeable situation arises, the arrangement of off-shore service-learning trip will be subjected to change according to decision made by the Senior Management of PolyU.</p>														

Remarks: The information given above is subject to change.