Subject total         Healthy Lifestyle Challenges for Developing Communities           Subject Title         Healthy Lifestyle Challenges for Developing Communities           Hosting Department         School of Nursing           Level         2           Class Quota         60 (Indonesia Trip – 40; Cambodia/Vietnam trip: 20)           Medium of Instruction         English           Subject Duration         Semester 2+3           Teaching Staff         Dr Patrick Kor, Ms. Phyllis Pang & Dr Rick Kwan           Target Students         GUR, open-for-all           Pre-requisites         Nil           Selection of students required?         Basic health care knowledge, good communication skills and sense of responsibility are preferable           Selection of students required?         Higher priority will be given to students with experiences such as first aid courses, Scout/ Girl-guide/ Red Cross/ Cadet/ Brigade extra-curricular activities in secondary school, etc. The maturity of the student will also be taken into account.           Subject Synopsis         Objectives:         > To raise students' awareness of health issues in developing communities           Service Project         To educate students on challenges and needs in maintaining a healthy lifestyle	Updated on [Date]	1
School of Nursing           Level         2           Class Quota         60 (Indonesia Trip – 40; Cambodia/Vietnam trip: 20)           Medium of Instruction         English           Subject Duration         Semester 2+3           Teaching Staff         Dr Patrick Kor, Ms. Phyllis Pang & Dr Rick Kwan           Target Students         GUR, open-for-all           Pre-requisites         Nil           Selection of students required?         > Basic health care knowledge, good communication skills and sense of responsibility are preferable           Selection of students required?         > Basic health care knowledge, good communication skills and sense of responsibility are preferable           Selection of students required?         > Basic health care knowledge, good communication skills and sense of responsibility are preferable           Selection of students required?         > Reasons for selecting this subject and 3. Expectation of this subject to students': 1. Experience/background related to services learning; 2. Reasons for selecting this subject and 3. Expectation of this subject by Higher priority will be given to students with experimences such as first ald courses, Scout/ Girl-guide/ Red Cross/ Cadet/ Brigade extra-curricular activities in secondary school, etc. The maturity of the student will also be taken into account.           Objectives:         > To raise students' awareness of health issues in developing communities           Subject Synopsis         > To provide basic physical assessment and health education to the people	Subject Code	SN2S03
Level         2           Level         2           Class Quota         60 (Indonesia Trip – 40; Cambodia/Vietnam trip: 20)           Medium of Instruction         English           Subject Duration         Semester 2+3           Teaching Staff         Dr Patrick Kor, Ms. Phyllis Pang & Dr Rick Kwan           Target Students         GUR, open-for-all           Pre-requisites         Nil           Selection of students required?         Na self-introduction video (about 3 minutes, in English) have to be submitted for selection. The video should include but not limited to students': 1. Experience/background related to services learning; 2. Reasons for selecting this subject and 3. Expectation of this subject           Figher priority will be given to students with experiences such as first alic courses, Scout/ Girl-guide/ Red Cross/ Cadet/ Brigade extra-curricular activities in secondary school, etc. The maturity of the student will also be take inito account.           Subject Synopsis         Objectives:           Subject Synopsis         To raise students' awareness of health issues in developing communities in developing communities           Service Project         To service-learning project will take place offshore during the summer term. In total, students will be expected to spend 40 hours in direct service to a total of 5 days during summer semester.           What will students do to serve?         The service-learning project will take place offshore during the summer term. In total, students will be expected to spend 40 hours in di	Subject Title	Healthy Lifestyle Challenges for Developing Communities
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Subject Duration         English           Subject Duration         Semester 2+3           Teaching Staff         Dr Patrick Kor, Ms. Phyllis Pang & Dr Rick Kwan           Target Students         GUR, open-for-all           Pre-requisites         Nil           Selection of students required?         > Basic health care knowledge, good communication skills and sense of responsibility are preferable           > A self-introduction video (about 3 minutes, in English) have to be submitted for selection. The video should include but not limited to students': 1. Experience/background related to services learning; 2. Reasons for selecting this subject and 3. Expectation of this subject           Selection of students required?         > Higher priority will be given to students with experiences such as first aid courses, Scout/ Girl-guide /R ed Cross/ Cadet/ Brigade extra-curricular activities in secondary school, etc. The maturity of the student will also be taken into account.           Subject Synopsis         > To raise students' awareness of health issues in developing communities           Service Project         > To provide basic physical assessment and health education to the people in developing communities           Service Project         The service-learning project will take place offshore during the summer term. In total, students will be expected to spend 40 hours in direct service to a total of 5 days during summer semester. We envision that the service-learning project tentatively as follows:           What will students do to serve?         Day 1 & 2: Visits and interviews to targeted families livin	Level	2
Subject Duration         Semester 2+3           Subject Duration         Dr Patrick Kor, Ms. Phyllis Pang & Dr Rick Kwan           Target Students         GUR, open-for-all           Pre-requisites         Nil           Selection of students required?         > Basic health care knowledge, good communication skills and sense of responsibility are preferable           Selection of students required?         > A self-introduction video (about 3 minutes, in English) have to be submitted for selection. The video should include but not limited to students': 1. Experience/background related to services learning; 2. Reasons for selecting this subject and 3. Expectation of this subject           Subject Synopsis         > To raise students' awareness of health issues in developing communities ob te taken into account.           Subject Synopsis         > To raise students' awareness of health issues in developing communities or to raise students on challenges and needs in maintaining a healthy lifestyle           Subject Synopsis         > To interview people and to observe their daily living behavior and patterns           > To provide basic physical assessment and health education to the people in developing communities           Service Project         The service-learning project will take place offshore during the summer term. In total, students will be expected to spend 40 hours in direct service to a total of 5 days during summer semester.           What will students do to serve?         Day 1 & 2: Visits and interviews to targeted families living in the rural village or slums.           <	Class Quota	60 (Indonesia Trip – 40; Cambodia/Vietnam trip: 20)
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Target Students         GUR, open-for-all           Pre-requisites         Nil           Selection of students required?         > Basic health care knowledge, good communication skills and sense of responsibility are preferable           Selection of students required?         > A self-introduction video (about 3 minutes, in English) have to be submitted for selection. The video should include but not limited to students': 1. Experience/background related to services learning; 2. Reasons for selecting this subject and 3. Expectation of this subject           Subject Synopsis         > Higher priority will be given to students with experiences such as first aid courses, Scout/ Girl-guide/ Red Cross/ Cadet/ Brigade extra-curricular activities in secondary school, etc. The maturity of the student will also be taken into account.           Objectives:         > To raise students' awareness of health issues in developing communities           Subject Synopsis         > To enterview people and to observe their daily living behavior and patterns           > To provide basic physical assessment and health education to the people in developing communities           Service Project           What will students do to serve?           What will students do to serve?           Obay 1 & 2: Visits and interviews to targeted families living in the rural village or slums.           • Day 3: Visit to neighboring place / markets to investigate the variety of food and price; development of proposal on healthy eating and lifestyle for client families	Subject Duration	Semester 2+3
Pre-requisites       Nil         Pre-requisites       Nil         Selection of students required?       > Basic health care knowledge, good communication skills and sense of responsibility are preferable         Selection of students required?       > A self-introduction video (about 3 minutes, in English) have to be submitted for selection. The video should include but not limited to students': 1. Experience/background related to services learning; 2. Reasons for selecting this subject and 3. Expectation of this subject         Subject Synopsis       > Higher priority will be given to students with experiences such as first aid courses, Scout/ Girl-guide/ Red Cross/ Cadet/ Brigade extra-curricular activities in secondary school, etc. The maturity of the student will also be taken into account.         Objectives:       > To raise students' awareness of health issues in developing communities         Subject Synopsis       > To raise students on challenges and needs in maintaining a healthy lifestyle         > To provide basic physical assessment and health education to the people in developing communities         Service Project         What will students do to serve?         What will students do to serve?         What will students do to serve?         Oay 3: Visit to neighboring place / markets to investigate the variety of food and price; development of proposal on healthy eating and lifestyle for client families         • Day 4 & 5: Re-visit the recipients again to present proposal for	Teaching Staff	Dr Patrick Kor, Ms. Phyllis Pang & Dr Rick Kwan
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Subject Synopsis       > To raise students' awareness of health issues in developing communities         Subject Synopsis       > To educate students on challenges and needs in maintaining a healthy lifestyle         > To interview people and to observe their daily living behavior and patterns         > To provide basic physical assessment and health education to the people in developing communities         Service Project         What will students do to serve?         What will students do to serve?         Day 1 & 2: Visits and interviews to targeted families living in the rural village or slums.         Day 3: Visit to neighboring place / markets to investigate the variety of food and price; development of proposal on healthy eating and lifestyle for client families         Day 4 & 5: Re-visit the recipients again to present proposal for	Selection of students required?	<ul> <li>responsibility are preferable</li> <li>A self-introduction video (about 3 minutes, in English) have to be submitted for selection. The video should include but not limited to students': 1. Experience/background related to services learning; 2. Reasons for selecting this subject and 3. Expectation of this subject</li> <li>Higher priority will be given to students with experiences such as first aid courses, Scout/ Girl-guide/ Red Cross/ Cadet/ Brigade extra-curricular activities in secondary school, etc. The maturity of the student will also</li> </ul>
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Whom will students serve?         People / family who are living in developing communities	Whom will students serve?	People / family who are living in developing communities

Updated on [Date]

Where will students serve?	Hong Kong       District:         Chinese mainland       Province:         City:       City:         Macau       Country: Indonesia or Cambodia/Vietnam         Overseas       City:
When will students serve?	2 weeks in the summer term (TBC)
Fee payable by students	ТВС
Service Attributes	<u> </u>
Service Mode Service Language Service Location	<ul> <li>#OnlineService</li> <li>#F2FService</li> <li>#ServiceClient_Cantonese</li> <li>#ServiceClient_English</li> <li>#ServiceClient_Putonghua</li> <li>#ServiceClient_OtherNonEnglish</li> <li>#Location_HK</li> <li>#Location_MainlandChina</li> <li>#Location_Taiwan</li> <li>#Location_Macau</li> <li>#Location_Overseas</li> </ul>
Enquiry	Dr Patrick Kor: <u>Patrick.kor@polyu.edu.hk</u>
Remarks	If unforeseeable situation arises, the arrangement of off-shore service- learning trip will be subjected to change according to decision made by the Senior Management of PolyU.