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Subject Code	SN2S03
Subject Title	Healthy Lifestyle Challenges for Developing Communities
Hosting Department	School of Nursing
Level	2
Class Quota	60 (Indonesia Trip – 40; Cambodia/Vietnam trip: 20)
Medium of Instruction	English
Subject Duration	Semester 2+3
Teaching Staff	Dr Patrick Kor, Dr. Stefanos Tyrovolas, & Dr. Su Jing Jing
Target Students	GUR, open-for-all
Pre-requisites	Nil
Selection of students required?	 Basic health care knowledge, good communication skills and sense of responsibility are preferable A self-introduction video (about 3 minutes, in English) have to be submitted for selection. The video should include but not limited to students': Experience/background related to services learning Reasons for selecting this subject and Expectation of this subject Higher priority will be given to students with experiences such as first aid courses, Scout/ Girl-guide/ Red Cross/ Cadet/ Brigade extra-curricular activities in secondary school, etc. The maturity of the student will also be taken into account.
Subject Synopsis	 Objectives: To raise students' awareness of health issues in developing communities To educate students on challenges and needs in maintaining a healthy lifestyle To interview people and to observe their daily living behavior and patterns To provide basic physical assessment and health education to the people in developing communities
Service Project	
What will students do to serve?	 The service-learning project will take place offshore during the summer term. In total, students will be expected to spend 40 hours in direct service to a total of 5 days during summer semester. We envision that the service-learning project tentatively as follows: Day 1 & 2: Visits and interviews to targeted families living in the rural village or slums. Day 3: Visit to neighboring place / markets to investigate the variety of food and price; development of proposal on healthy eating and lifestyle for client families Day 4 & 5: Re-visit the recipients again to present proposal for modification on healthy lifestyle
Whom will students serve?	People / family who are living in developing communities

Where will students serve?	Hong Kong District: Chinese mainland Province: City: City: Macau Country: Indonesia or Cambodia/Vietnam Overseas City:	
When will students serve?	2 weeks in the summer term (TBC)	
Fee payable by students	ТВС	
Service Attributes		
Service Mode Service Language Service Location	 #OnlineService #F2FService #ServiceClient_Cantonese #ServiceClient_English #ServiceClient_Putonghua #ServiceClient_OtherNonEnglish #Location_HK #Location_MainlandChina #Location_Taiwan #Location_Macau #Location_Overseas 	
Enquiry	Dr Patrick Kor: <u>Patrick.kor@polyu.edu.hk</u>	
<mark>Remarks</mark>	If unforeseeable situation arises, the arrangement of off-shore service- learning trip will be subjected to change according to decision made by the Senior Management of PolyU.	