

|  |  |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
|--|--|--|-------------------------------------|-----------|--|--------------------------|------------------|-----------------|--|--|-------------|--------------------------|--------|--|--------------------------|-------|--|--------------------------|----------|----------------|--|--|-------------|
| <b>Subject Code</b>                    | FSN2S02  |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Subject Title</b>                   | Service-Learning in Nutrition and Healthy Diet   |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Hosting Department</b>              | Department of Food Science and Nutrition   |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Level</b>                           | 2  |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Class Quota</b>                     | 70   |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Medium of Instruction</b>           | English<br>As the service clients and the staff of partner organizations are Cantonese-speaking people, students who can communicate in Cantonese will have an advantage.  |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Subject Duration</b>                | Semester 2 + Summer Term   |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Teaching Staff</b>                  | Dr. Shiyong Li, Dr. Kenneth Lo   |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Target Students</b>                 | GUR, open-for-all  |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Pre-requisites</b>                  | Nil<br>Exclusion: ABCT2S02 Service-Learning in Nutrition and Healthy Diet  |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Selection of students required?</b> | Yes<br>Candidate should have good communication skills with basic nutritional knowledge. A good background in health-, biology- or food and nutrition-related science is preferred.  |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Subject Synopsis</b>                | <a href="https://www.polyu.edu.hk/fsn/docdrive/syllabus/FSN2S02.pdf">https://www.polyu.edu.hk/fsn/docdrive/syllabus/FSN2S02.pdf</a>  |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Service Project</b>                 |  |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>What will students do to serve?</b> | <p>Students will visit NGOs which serve underprivileged families in Hong Kong. Through the sharing by the beneficiaries, students can understand the challenges encountered by these families.</p> <p>Students are required to draft proposals and implement their service plan (e.g. conduct talks and diet counselling for families, conduct workshops and booth games about nutrition and food recycling) to different groups of beneficiaries to educate them about nutrition knowledge and healthy diet, and to promote health.</p>   |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Whom will students serve?</b>       | Underprivileged families in Hong Kong  |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Where will students serve?</b>      | <table border="0"> <tr> <td><input checked="" type="checkbox"/></td> <td>Hong Kong</td> <td>District: Kowloon City and Wong Tai Sin District (TBC)</td> </tr> <tr> <td><input type="checkbox"/></td> <td>Chinese mainland</td> <td>Province: _____</td> </tr> <tr> <td></td> <td></td> <td>City: _____</td> </tr> <tr> <td><input type="checkbox"/></td> <td>Taiwan</td> <td></td> </tr> <tr> <td><input type="checkbox"/></td> <td>Macau</td> <td></td> </tr> <tr> <td><input type="checkbox"/></td> <td>Overseas</td> <td>Country: _____</td> </tr> <tr> <td></td> <td></td> <td>City: _____</td> </tr> </table> |  | <input checked="" type="checkbox"/> | Hong Kong | District: Kowloon City and Wong Tai Sin District (TBC) | <input type="checkbox"/> | Chinese mainland | Province: _____ |  |  | City: _____ | <input type="checkbox"/> | Taiwan |  | <input type="checkbox"/> | Macau |  | <input type="checkbox"/> | Overseas | Country: _____ |  |  | City: _____ |
| <input checked="" type="checkbox"/>    | Hong Kong  | District: Kowloon City and Wong Tai Sin District (TBC) |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <input type="checkbox"/>               | Chinese mainland   | Province: _____  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
|  |  | City: _____  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <input type="checkbox"/>               | Taiwan   |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <input type="checkbox"/>               | Macau  |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <input type="checkbox"/>               | Overseas   | Country: _____   |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
|  |  | City: _____  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>When will students serve?</b>       | The services will take place during semester 2 & summer semester. Students may be expected to serve on weekends or weeknights.   |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Fee payable by students</b>         | Students need to pay transportation and meal expense during service day  |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Service Attributes</b>              |  |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |
| <b>Service Mode</b>                    | <input type="checkbox"/> #OnlineService<br><input checked="" type="checkbox"/> #F2FService (Temporary)   |  |                                     |           |  |                          |                  |                 |  |  |             |                          |        |  |                          |       |  |                          |          |                |  |  |             |

Updated on 5 Sep 2023

|                         |  |
|-------------------------|--|
| <b>Service Language</b> | <input checked="" type="checkbox"/> #ServiceClient_Cantonese<br><input type="checkbox"/> #ServiceClient_English<br><input type="checkbox"/> #ServiceClient_Putonghua<br><input type="checkbox"/> #ServiceClient_OtherNonEnglish              |
| <b>Service Location</b> | <input checked="" type="checkbox"/> #Location_HK<br><input type="checkbox"/> #Location_MainlandChina<br><input type="checkbox"/> #Location_Taiwan<br><input type="checkbox"/> #Location_Macau<br><input type="checkbox"/> #Location_Overseas |
| <b>Enquiry</b>          | Miss Sugar HUNG (Email : <a href="mailto:abct2s02@polyu.edu.hk">abct2s02@polyu.edu.hk</a> ; Tel: 34008783)   |

Remarks: The information given above is subject to change.