

# SN NEWSLETTER

*"To excel in Nursing for the well-being of mankind"*

COVER STORY

## School Retreat 2024

The School organised a retreat for our staff on 10 January 2024. Our new Head of the School, **Prof. Janelle Yorke**; Professor of Practice, **Alice Yuen Loke**; and Honorary Professor, **Claudia Lai**, together with over 100 staff members joined the event.

Former Interim Head, **Prof. E Angela Chan** (currently Associate Head) and Prof. Janelle Yorke, Chair Professor of Nursing, kicked off the retreat with the opening remarks. Staff members discussed the preparations for RAE Exercise 2026, reviewed our programmes and exchanged views on staff development, mentoring, and succession planning. Recommendations on new practices and strategies for bringing the School to a new height were presented.

Two team building activities were organised in the afternoon. During these activities, staff members collaborated to create a 'bridge' from paper 'bricks' and worked together to roll wheels along narrow tracks. These activities strengthened cohesion and bolstered coordination within and across the participating teams and provided opportunities for staff members to demonstrate their creative thinking in resolving problems.

The retreat ended with remarks by Prof. Yorke on the importance of concerted effort to achieve greater goals. 'We are ONE-TEAM and everyone plays an important part in achieving our mission and vision.' Prof. Yorke said.



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1 & 2 — Prof. E Angela Chan and Prof. Janelle Yorke kicked off the retreat with words of encouragement to staff members.

3 & 4 — Group discussion. Photo 4: Alice Yuen Loke shared her view and experience on RAE and the research development.

5 & 6 — Team building activities bonded all staff together to overcome challenges.

7 & 8—Words of wisdom from Claudia & Frances.

Time for a group photo. Say cheese!

## Building leadership foundation for master's students

Led by **Dr Patrick Kor**, Assistant Professor, a 3-day leadership training and team-building camp was organised on 19-21 December 2023 for students on the Master of Nursing programme.

Based on the Action-Centred Leadership model, the leadership training programme was tailored to test the students' ability in balancing task needs, team maintenance needs, and individual needs, which is essential for effective leadership. The students were engaged in the 'boat sailing' activity and the team crossover aerial challenge. Strong leadership was a must for navigation to be worked out in sailing the 'boat'. The students coordinated their members to work together to contend with wind and waves for achieving their 'sea missions'. The aerial challenge tested the students' ability in inter-team cooperation and communication, which is crucial for nursing students. The students also learnt that a true leader must appreciate teamwork.

The training programme concluded with group interviews and reflection, providing the students an opportunity to review their performances and identify areas for improvement. The students commented that the training helped them to develop a solid foundation of leadership skills and strategies, which has prepared them for future challenges in their clinical placements and careers.



*Strong leadership was a must for navigation to be worked out in the 'boat' sailing.*



*We rang the bell and won. Good teamwork!*

## Virtual Hospital promoted in Mainland

The Virtual Hospital team (including **Dr Kitty Chan** [lead of the team] & **Mr Timothy Lai**, Associate Professors of Practice; **Dr Patrick Kor**, Assistant Professor, and **Dr Shao-ling Wang**, half-time Research Fellow and Advisor for the Virtual Hospital Greater Bay Area version) was invited to give a lecture on Transforming Healthcare Education and Research at the Hangzhou Normal University School of Nursing on 4-5 December 2023.

The team met with Xingjuan Tao, Associate Professor, School of Nursing, Shanghai Jiao Tong University (In the photo: 1<sup>st</sup> from left); Shing Wong, Secretary of Party General Branch & President 黨總支書記院長汪勝 (photo: 4<sup>th</sup> from left); Xuejiao Zhu, Member of Party General Branch & Vice President 黨總支委員副院長朱雪嬌 (photo: 3<sup>rd</sup> from right); and Ching Zhang, Member of Party General Branch & Assistant President, 黨總支委員院長助理張晶 (1<sup>st</sup> from right) of the School of Nursing, Hangzhou Normal University.

Over 30 staff members and post-graduate students attended the lecture and experienced the Virtual Hospital experiential Learning system [HK Short-term Patent: HK30083446]. The feedback on using the Virtual Hospital was positive and they expressed willingness to subscribe the system once a funding is received. Our team also explore the possibility of conducting collaborative educational research with the Hangzhou team once the Virtual Hospital is installed in their school.



*The staff members and students of the Hangzhou Normal University School of Nursing experienced Virtual Hospital and gave their thumbs up to our teaching innovation.*

## Faculty fund supporting study on intervention for adolescent Idiopathic Scoliosis

**Dr Yan Li**, Assistant Professor (Presidential Young Scholar), Principal Investigator, was awarded the Faculty (PolyU's Faculty of Health and Social Sciences) Reserve with an amount HK\$ 247,064 for supporting her study titled 'Effects of a Coping-based Interactive Psychosocial Intervention for Teenagers with Adolescent Idiopathic Scoliosis: a Pilot Randomised Controlled Trial.'

### Update on Areas of Excellence & Research Centres Healthy Ageing through Innovations

#### **Music-with-Movement System won CES Innovation Awards**

The School's invention has received another international recognition. The 'Music-with-Movement System for Older Adults' [HK Short-term Patent: HK2222574-2]

developed by **Dr Daphne Cheung**, Associate Professor, and her team<sup>+</sup>, won a prestigious global consumer product award in the Accessibility & Aging Tech category at the Consumer Electronics Show (CES) 2024 Innovation Awards, making PolyU the only educational institution in Hong Kong honoured with the CES Innovation Awards this year.

Held in the United States from 9-12 January 2024, with over 100,000 attendees, 4,000 exhibitors from more than 150 countries and regions, the CES is one of the world's largest consumer technology trade fairs that provides a global stage for Innovations.

<sup>+</sup>Team members: Dr Lily Ho [Deputy Coordinator], Assistant Professor of Practice; Claudia Lai, Honorary Professor; Prof. Harry Qin, Professor of the School; Dr Alan Lam (Chairman, Sengital Group) and Prof. Ken Ho, Assistant Professor, The Nethersole School of Nursing, The Chinese University of Hong Kong.



Daphne was among the PolyU teams showcasing their innovations at CES. Her 'Music-with-Movement System for Older Adults' gained her an award at CES. Congrats!

## Impressive debuts made students winners at international conference

Led by **Dr Martin Christensen**, Director of the School's [Interdisciplinary Centre for Qualitative Research](#) (ICQR), three postgraduate students gave their research presentations at the 11<sup>th</sup> International Qualitative Research Conference, held in Malaysia in November 2023 and scooped two Best Abstract Awards.

**Ms Mining Liang**, our PhD student (Supervisors: Dr Martin Christensen, Associate Head [Postgraduate Education] & Associate Professor; Dr Grace Ho, Associate Professor), presented her work 'The Lived Experience of Secondary School Teachers in Supporting Students with Mental Health Issues: a Descriptive Phenomenological Study' and scooped the second prize while **Ms Lok-ye Li**, our Master of Science in Nursing student, bagged the third prize of the Best Abstract Awards by presenting her thesis titled 'To Better Understand the Lived Experiences of Psychiatric Nurses of Workplace Violence from Patients in Psychiatric Units in Hong Kong'.

The School's Interdisciplinary Centre for Qualitative Research co-organised the conference with the Qualitative Research Association of Malaysia. Dr Martin Christensen, was a keynote speaker for the conference.



Ms Mining Liang (left photo) and Ms Lok-ye Li (right photo) stood out from other presenters and scooped two accolades out of the three at the conference. Proud of you!



Dr Martin Christensen delivered a keynote address titled "Classical vs Neoclassical Approaches to Qualitative Methods" at the conference.

## Research publications

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- Liang, J., Liu, J. E., Mak, Y. W., & Sun, L. (2023). Preliminary effects of a WeChat-based educational intervention on social participation among older adults in a community. *International journal of older people nursing*, 18(6), Article e12573. <https://doi.org/10.1111/opn.12573>
- Lin, R. S. Y., Su, J. J., Kim, S., Wong, A. K. C., Chan, T. W., & Lee, S. H. C. (2023). Psychometric properties of the Chinese version of the Motivation to Change Lifestyle and Health Behaviors for Dementia Risk Reduction scale (MCLHB-DRR) in Chinese community-dwelling older adults. *Geriatric Nursing*, 54, 237-245. <https://doi.org/10.1016/j.gerinurse.2023.09.016>
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## Achievements

### First nursing researcher awarded Global STEM Professorship

Prof. Janelle Yorke, Head of the School of Nursing & Chair Professor of Nursing, has been awarded the HKSAR Global STEM Professorship. She is the first nursing researcher in Hong Kong who has gained such an honour.

The Global STEM Professorship is awarded to accomplished scholars in Science, Technology, Engineering and Mathematics (STEM). Professor Yorke's achievement is a recognition from the HKSAR Government to the Faculty and the School of Nursing in our contributions to healthcare and nursing development.



As a Global STEM Professor, Prof. Yorke will be provided with research personnel and space to establish a Digital Oncology Care Enhancement Laboratory that will work towards establishing an electronic-patient-reported outcomes measures (ePROMs) programme for real-time patient monitoring and a suite of linked digital self-management interventions. The work will involve original research alongside real-world implementation into clinical practice, to inform best practice and improve patient outcomes.

Prof. Janelle Yorke.

### Nursing students won Best Oral Paper Awards

At the Interdisciplinary Conference in Health Care Science, held in Hong Kong on 4 November 2023, Ms Lok-yi Chiu and Mr Tony Wu, our year-4 mental health nursing students (research assistants of Dr Teris Cheung, Assistant Professor); and Mr Wai-lam Derek Chan, our year-5 BSc in Nursing student, (research assistant of Dr Eileen Cheng, Assistant Professor) won the Best Oral Paper Awards.



Derek presented a systematic review of recommendations from clinical practice guidelines for management of cancer-related fatigue. Lok-yi and Tony requested minimal input from Dr Teris Cheung and gave an impressive debut presentation addressing the efficacy of Electrical Vestibular Stimulation on adults with insomnia.

The conference was organised by Tung Wah College and the School is one of the supporting organisation of the event.

Derek's outstanding presentation gained him the Best Poster Award.



Our undergraduate students, Lok-yi and Tony, made an impressive debut presentation at the Interdisciplinary Conference in Health Care Science.

## Appointments

- Dr Vivian Hui, Assistant Professor, has been appointed as a young member for an approximately two-year term to the Advisory Council on Food and Environmental Hygiene through the Member Self-recommendation Scheme for Youth. The council is a non-statutory body established to advise the Government on food and environmental hygiene issues.
- Mr Edmond Tong, Associate Professor of Practice, has been re-appointed a member to the Expert Panel on HIV Infection of Health Care Workers, Department of Health for a two-year term. Earlier, he was appointed Convenor of the Community Forum on AIDS, Hong Kong Advisory Council on AIDS, Department of Health for a three-year term.
- Dr Lin Yang, Associate Professor, was appointed Editorial Board Member for *China CDC Weekly*; Dr Shanshan Wang, Research Assistant Professor, was appointed Guest Editor for *Nursing Open*, Editorial Board Member for *BMC Nursing* (both are journals); and Editor-in-Chief for a book *Writing and Publication of Nursing Papers in International Journals*, published by People's Medical Publishing House Co., Ltd.

## Alumni News (September to December 2023 )

### Visit

The Alumni Association of Nursing Studies (AANS) organised a visit to the Hong Kong Red Cross Blood Transfusion Centre. More than twenty persons including our students and alumni participated in the visit and six persons donated their blood during the visit.



### Annual general meeting & team building activity

The annual general meeting was held (left photo below). Mr Wilson Lo was re-elected as President, Ms Susanna Chan and Mr Ocean Tang were re-elected as Vice-Presidents. Following the meeting, an executive member meeting was held to discuss the goals and plans for the upcoming year. In a team-building event, over 12 executive members, together with their families, enjoyed a BBQ gathering.



### Membership promotion

During the 29<sup>th</sup> PolyU Congregation ceremony, the AANS proactively promoted new membership. Over 70 fresh graduates were recruited. Mr Wilson Lo, President of the AANS, also took the opportunity to attend the inauguration ceremony of the University Square. [Left photo below: With the joint effort of the AANS executive members, a representative from the Department Alumni Liaison Officer of the School of Nursing and our student helpers, a booth was set up to promote new membership. Right photo below: Mr Wilson Lo (3<sup>rd</sup> from left) took a photo with Prof. Jin-Guang Teng (2<sup>nd</sup> from right), President of PolyU, at the University Square.



### Seminar & workshop

A nursing seminar 'Introduction to Mechanical Ventilation.' (left photo below) was organised by the AANS. Mr Ching-sum Sampson Chan, Associate Nurse Consultant (Intensive Care Unit, Medicine and Geriatrics) Ruttonjee and Tang Shiu Kin Hospitals; Mr Chiu-wing, Louis Chow, Nursing Officer, St Paul's Hospital; and Dr Hei-yee Ma Associate Consultant, Intensive Care Unit, Tuen Mun Hospital, were the invited speakers for the event. Approximately thirty participants, including both alumni and students, attended the seminar. The AANS also organised the 5<sup>th</sup> Clinical Bridging Workshop (right photo below). With the support of 20 final-year students, who played the case nurse roles in various scenarios, participants of the workshop had the opportunity to enhance their clinical skills.



### Outstanding PolyU Alumni Award presented to Prof. Sophia Chan

Prof. Sophia Chan (In the photo below: 7<sup>th</sup> from right), our alumna, received the Outstanding PolyU Alumni Award in Professional Achievement 2023 at the presentation ceremony held on 19 December 2023. Prof. Chan, currently Professor in Nursing and Senior Advisor to the President's Office at the University of Hong Kong, was the FIRST nurse appointed Secretary for Food and Health (2017- 2022).



## Visitors

22 Nov 2023



A delegation from the Faculty of Electronic and Information Engineering, Xi'an Jiaotong University (西安交通大學電子與資訊學部), Xian Tongli International College (西安通理國際深造培訓學院) and Department of International Cooperation & Exchanges, Office Of Hong Kong, Macao & Taiwan Affairs (西安交通大學-國際合作交流處暨港澳臺事務辦公室).

13 Dec 2023

A delegation from Global Chinese Breast Cancer Organization Alliance.



12 Jan 2024

The Dean and the delegation of the School of Nursing, Mongolia University, Mongolian People's Republic.



12 Jan 2024

A delegation from Shenzhen Children's Hospital



## Current Issues

Oct-Dec 2023

Photo 1: Prof. Frances Wong, Chair Professor of Advanced Nursing Practice & Associate Dean (FHSS), and Dr Shao-ling Wang, half-time Research Fellow were invited speakers for the Hong Kong-Harbin Nursing Management Forum cum Seminar on New Advances in Rehabilitation Nursing (香港-哈爾濱護理管理論壇暨康復護理新進展研討會), co-organised by the Nursing Branch of Harbin Physician Association, Harbin Nursing Quality Control Center and the First Hospital of Harbin (哈爾濱市醫師協會護理分會、哈爾濱市護理品質控制中心和哈爾濱市第一醫院) on 26 October. Prof. Frances Wong spoke about opportunities and challenges for nursing development in an ageing society and Dr Shao-ling Wang spoke on the topic 'Enhancing the Value of Transitional Care'.



Photo 2: In early November, Prof. Wong gave another lecture titled 'Demonstrating the Competence of Advanced Practice Nurses in the Contribution of the Sustainability of the Healthcare Systems' to over 500 audiences at the Nursing Continuing Education Course, organised by the Department of Nursing of Sir Run Run Shaw Hospital, a hospital affiliated with the Zhejiang University School of Medicine, in Hangzhou, Zhejiang, Mainland China.



Photo 3: Prof. Wong's project on Standardising Nursing Terminology in the Guangdong-Hong Kong-Macao Greater Bay Area for Developing a Clinical Nursing Decision Support System and Webpage Integrating Service, Research and Industry' was among the sixty projects showcased in the 3rd Guangdong-Hong Kong-Macao Greater Bay Area Health Cooperation Conference hosted by the Governments of Guangdong, Hong Kong and Macau on 10-11 November 2023. [In the photo: Frances, 3rd from left.]



Photo 4: Prof. Frances Wong, delivered a Guest of Honour's speech at the opening ceremony of the Guangdong-Hong Kong-Macao University Alliance Young Scholars Nursing Forum, hosted by the Guangdong-Hong Kong-Macao University Alliance for Nursing (the School is one of the alliance unit) and jointly organised by the School on 1 December 2023. [In the photo: Frances, 6th from left.]



10 Nov 2023

The congregation of the Faculty of Health and Social Sciences was held. A total of 432 nursing students completed their studies at all levels and were conferred the respective degrees. Thirty-six students were awarded the Faculty Dean's Honours List 2022/23 in recognition of their outstanding performance.



## Current Issues



27 Nov 2023

The School hosted the Flag-raising ceremony.



20 Dec 2023

The School and Hong Kong Lutheran Social Service announced the results of a research study conducted by Dr Arkers Wong, Assistant Professor, which examined the effect of a programme integrating the use of gernotechnology and rehabilitation therapy, as well as combining with the support and guidance from young instructors, on physical and psychological wellness among the older adults with mild cognitive impairment recruited from the community elderly centres. Significant improvements were found in the body mass index, cognition ability, level of depression and e-health literacy of the older adults who participated in the programme.

Dec 2023 – Jan 2024

Dr Arkers Wong, was a keynote speaker for the PolyU Department of Food Science and Nutrition's forum held on 16 December. He shared the experience of conducting simulated teaching at the School.



Dr Wong was also an invited keynote speaker and forum speaker for the 21<sup>st</sup> anniversary celebration ceremony of the Salvation Army Carer Association, held on 6 January 2024. Dr Wong has been collaborating with the Association to conduct a research study titled 'Effectiveness of a Telecare-Based Intervention Programme in Supporting Informal Caregivers of Community-Dwelling Older Adults in Reducing Stress Levels'.



28 Dec 2023

Prof. E Angela Chan, Professor and Interim Head, gave the welcoming and closing remarks at the International Hybrid-Mode Conference on Healthcare Communication. This event highlighted the collaboration between academics and clinicians. It was well-attended and supported by the colleagues from the Hospital Authority. The School was one of the collaborating organisations.



Prof. E Angela Chan (7<sup>th</sup> from right) took a photo at the conference alongside Dr Danny Tong (5<sup>th</sup> from left) Chief Manager (Nursing)/Chief Nurse Executive of the Hospital Authority, as well as PolyU and CityU representatives.



12 Jan 2024

The School's Squina International Centre for Infection Control kick-started the Certificate in Infectious Diseases and Infection Control for Health Care Professionals 2024. This year 58 students are admitted to this part-time course designed to enhance knowledge on infectious diseases and infection control practice.

20 Jan 2024

Prof. Angela Leung (mid in the photo), Associate Head in Research & Professor, attended the 19<sup>th</sup> Hong Kong Housing Society (HKHS) Award presentation ceremony. The HKHS Award aims to support talent development for the housing and elderly-care industries by recognising students with excellent academic performance in related disciplines. The awardees of this year mainly came from higher education institutions.

