

COVER STORY

The School maintains its strength in international rankings

The School ranks 35th in the QS World University Rankings by Subject 2018.

The QS World University Rankings by Subject highlights the world's top universities in individual subject areas, covering 48 subjects as of 2018. It aims to help prospective students identify the world's leading schools in their chosen field.

The rankings are based on academic reputation, employer reputation and research impact. This year, the overall score of the School is 80.3 (compared to 82.8 in 2017 and 79 in 2016).

The table below shows our scores in details:

	School of Nursing, PolyU
Rankings in 2018	35th
Overall score	80.3
Academic Reputation	79.50
Employer Reputation	71.60
H-index Citations	78.10
Citations per Paper	86.30

Data retrieved from <https://www.topuniversities.com/node/294257/ranking-details/university-subject-rankings/university-rankings>



DAA visit

Our Departmental Academic Advisor (DAA), Prof. Patricia Davidson, Professor and Dean at the School of Nursing, Johns Hopkins University, paid an annual visit to our School from 9-12 April.

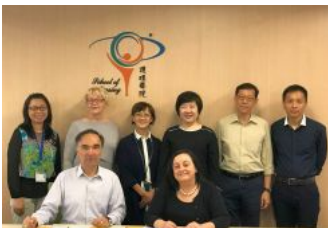
A comprehensive programme was delivered for our DAA. During her visit, Prof. Davidson met with the School management, academic and clinical staff members, research theme leaders and directors of the centres, to discuss different issues, such as the departmental planning, staffing and resources, quality assurance system, academic programme development, student learning experience and outcomes, support for students, clinical subjects, research scholarship and research programme development.

Four consultation sessions were held between our academic staff members and the DAA to discuss various topics related to research, and scholarship.

Prof. Davidson also talked to our undergraduate and postgraduate student representatives, and research students to learn more about the teaching and learning, programme and clinical education developments from our students.

During the visit, Prof. Davidson delivered a seminar entitled "Person-centered, Outcome Focused Approaches: When Cardiac Care Becomes Palliative Care" on 11 April.

Following the visit, our DAA has provided us a recommendation report for improvements and further development of the School. The School has to provide the recommendations and our response to the recommendations to the Faculty Board.



Prof. Patricia Davidson met with our research theme leaders and directors of the centres to discuss research scholarship and research programme development. A Memorandum of Understanding was signed between PolyU and Johns Hopkins University for strengthening collaboration.



Prof. Patricia Davidson lunched with Prof. Daniel Shek, the Interim Dean of the Faculty of Health and Social Sciences, and Prof. Alice Yuen Loke, Dr E. Angela Chan, and Prof. Maritta Valimaki.



At the consultation sessions, Dr Yim-wah Mak and Dr Cynthia Wu discussed proposal writing and scholarship of service learning in personal and professional development with Prof. Davidson.



Prof. Davidson met with our undergraduate and postgraduate student representatives, and research students.



During the visit, Prof. Davidson delivered a seminar to our staff.

Research Themes & Centres Update

Ageing and Health



New project launched for people with dementia and their caregivers

A project entitled “Partnership with the Community to Improve the Psychosocial Well-being of People with Dementia or Mild Cognitive Impairment, and their Caregivers with Music Interventions: An Effectiveness-Implementation Cluster Randomized Clinical Trials” was kicked off in April. The project involves 75 families with people with mild cognitive impairment or early dementia and 75 volunteers.



Grants and funding received for supporting projects

Members of the Centre have received the following grants:

Dr Justina Liu (PI) secured the General Research Fund from the University Grants Committee (2018-2020), with the sum of HKD 765,648, for the project entitled “ Evaluation of an Individualized Exercise Programme Plus Behavioural Change Enhancement Strategies for Managing General Fatigue in Community-Dwelling Frail Older People: A Cluster-Randomized Controlled Trial”.

Dr Mimi Tse (PI) received the Health & Medical Research Fund 2018, Food and Health Bureau, with the sum of HKD 1,044,390, for the project, entitled “Effectiveness of a Peer-Led Pain Management Program in Relieving Chronic Pain and Enhancing Pain Self-Efficacy among Older Adults: A Clustered Randomized Controlled Trial”.

Dr Angela Leung (PI) and **Dr Daphne Cheung** received the Karolinska Institutet (KI) - PolyU Collaborative Research Fund, with an amount of HKD 208,000 and SEK\$200,000, for the project titled “Stress Alleviating Mobile Application for Caregivers (SAMAC): A Feasibility Study”.

Mr Patrick Kor (PI) was awarded the Sigma Theta Tau International Foundation for Nursing (USA) 2018, with the sum of USD 5,000, for supporting the project titled “Effects of a Modified Mindfulness-based Cognitive Therapy for Family Caregivers of People with Dementia in Stress Reduction: A Pilot Randomized Controlled Trial”.

Dr Justina Liu (PI) was awarded the Faculty Collaborative Scheme between Social Sciences and Health Sciences, PolyU in 2018, with the sum of HKD 239,600, for the project entitled “Enhancing the Physical Activity Levels of Community-Dwelling Older People with Frailty Through an Exercise Intervention with or without Wearable Activity Track (WAT)-based Intervention: A Feasibility and Pilot Study”.

Dr Angela Leung (PI) secured the PolyU Central Research Grant, with the sum of HKD 105,000, for the project entitled “Alleviating Caregiver’s Stress through E-Painting Mobile Application: A Feasibility Study”.

Family and Community Health



Research funding received

Dr Margaret O’Donoghue and **Dr Lorna Suen** have secured funding with an amount of HKD 180,000, to conduct a study to evaluate a self-disinfecting coating for its effectiveness in decontaminating high touch sites in the healthcare setting. The study will be a collaboration with an industrial partner and the infection control team of Queen Elizabeth hospital and is jointly funded by the Centre and the industry.

Transitional, Supportive & Palliative Care

Research donations received

Prof. Frances Wong and **Dr Shaoling Wang** received a donation from The T. S. Lo Foundation (HKD 250,000) to conduct a study on “An Enhanced Post-Discharge Home-Based Care Program (EHP) to Improve the Quality of Life for Stroke Survivors in Harbin China: A Randomized Controlled Trial” and another donation (HKD 160,000) from the Hong Kong Nurses Training & Education Foundation Ltd. to work on the economic evaluation of the project.

Mental Health Care

Members strengthened international collaboration

Dr Nargis Asad and Dr Anita Anis Allana from the Aga Khan University visited the School on 19 March. Members of the Mental Health Care theme had a meeting with them and identified a huge potential for research collaboration in mental health, especially on trauma in children and gender based violence.



Dr Mathilde Hedlund Lindberg, University Lecturer from the Karolinska Institutet (KI) in Sweden, visited PolyU and met with the members of the Mental Health Care theme between 13-17 March. During her visit, a number of opportunities for future collaboration were identified. The first step is to organise a joint seminar with master’s students in KI and PolyU in the coming June.



Member secured grant from HMRF

Prof. Wai-tong Chien (PI) has secured the grant of HK\$697,060 from the Health and Medical Research Fund (HMRF), Food and Health Bureau, for the project entitled “An Evaluation of the Effectiveness of a Professional-supported Problem-solving-based Self-learning Program for Family Carers of People with Recent-onset Psychosis: A Randomized Controlled Trial”.

Research Publications

Amoah, P. A., Koduah, A. O. & Gyasi, R. M. (2018). "Who'll do all these if I'm not around?" Bonding social capital and health and well-being of inpatients. *International Journal of Qualitative Studies on Health and Well-being*, 13(1), 1435108. doi: [10.1080/17482631.2018.1435108](https://doi.org/10.1080/17482631.2018.1435108)

Badanapurkar, A., Bressington, D., Nelson, D., Jones, M., Thomas, D., Mehndi, M. & Gray, R. (2018). Perception of nurse prescribing among nurses and psychiatrists in a developing country: a cross-sectional survey. *International Journal of Mental Health Nursing*, 27, 866–87. doi: 10.1111/inm.12375

Bressington, D., Badanapurkar, A., Inoue, S., Ma, H. Y., Chien, W. T., Nelson, D. & Gray, R. (2018). Physical health care for people with severe mental illness: the attitudes, practices, and training needs of nurses in three Asian countries. *International Journal of Environmental Research and Public Health*, 15, 343. doi: 10.3390/ijerph15020343

Bressington, D., Chien, W.T., Mui, J., Lam, K.K.C., Mahfoud, Z., White, J. & Gray, R. (2018). The Chinese Health Improvement Profile (CHIP) for people with severe mental illness: a cluster randomised controlled trial. *International Journal of Mental Health Nursing*, 27, 841–85. doi: 10.1111/inm.12373

Chan, E.A., Liu, J.Y.W., Yuen, J. & Fung, K. (2018). Pre-departure preparation and co-curricular activities for students' intercultural exchange: a mixed-methods study. *Nursing Education Today*, 63, 43-49.

Chan, L.K., Ganotice, F.A. Jr, Wong, F.K.Y., Lau C.S., Bridges, S., Chan C. ... Yum, T.P. (2017). Implementation of an interprofessional team-based learning program involving seven undergraduate health and social care programs from two universities, and students' evaluation of their readiness for interprofessional learning. *BMC Medical Education*. 17:221. doi 10.1186/s12909-017-1046-5

Chan, W. S. Y., & Leung, A. Y. M. (2018). Use of social network sites for communication among health professionals: a systematic review. *Journal of Medical Internet Research*, 20(3):e117. doi: 10.2196/jmir.8382 (IF: 5.175).

Chau, P. H., Moe, G., Lee, R., Woo, J., Leung, A.Y.M., Chow, C. M., Kong, C., Lo, W. T., Yuen, M. H. & Zerwic, J. (2018). Low level of knowledge of heart attack symptoms and inappropriate anticipated treatment-seeking behaviour among older Chinese: a cross-sectional survey. *Journal of Epidemiology and Community Health*, pii: jech-2017-210157. doi: 10.1136/jech-2017-210157

Ghareeb, A., Hillel, S., McKenna, L., Cleary, M., Visentin, D., Jones, M., Bressington, D. & Gray, R (2018). Retraction of publications in nursing and midwifery research: a systematic review. *International Journal of Nursing Studies*, 81, 8-13. doi: 10.1016/j.ijnurstu.2018.01.013

Hughes, E., Bressington, D., Sharratt, K. & Gray, R. (2018). Novel psychoactive substance use by mental health service consumers: an online survey of inpatient health professionals' views and experiences. *Advances in Dual Diagnosis*, 11 (1), 30-39. doi: 10.1108/ADD-07-2017-0008

Katigbak, C., Flaherty, E., Chao, Y.Y., Cheung, D.S.K. & Kwan, R.Y.C (2018). A systematic review of culturally specific interventions to increase physical activity for older Asian Americans. *Journal of Cardiovascular Nursing*. doi: 10.1097/JCN.0000000000000459

Kor, P.P.K., Chien, W.T., Liu, J.Y.W. & Lai, C.K.Y. (2018). Mindfulness-based intervention for stress reduction of family caregivers of people with dementia: a systematic review and meta-analysis. *Mindfulness*, 9(1), 7-22. doi: 10.1007/s12671-017-0751-9

Lai, C. K. Y., Ho, L. Y. W., Chin, K. C. W. & Kwong, E. W. Y. (2018). Survival prediction among nursing home residents: a longitudinal study. *Geriatrics & Gerontology International*, 18(3), 428-433. doi: 10.1111/ggi.13197

Lai, X. B., Ching, S. S. Y., Wong, F. K. Y., Leung, C. W. Y., Lee, L. H., Wong, J. S. Y., & Lo, Y. F. (2017). A nurse-led care program for breast cancer patients in a chemotherapy day center: a randomized controlled trial. *Cancer Nursing*. doi:10.1097/ncc.0000000000000539

Leach, M., Jones, M., Bressington, D., Nolan, F., Jones, A., Muyambi, K., Gillam, M. & Gray, R. (2018). The association between mental health nursing and hospital admissions for people with serious mental illness: a protocol for a systematic review. *Systematic Reviews*, 7:2. doi: 10.1186/s13643-017-0658-5

Ng, A. Y. M., & Wong, F. K. Y. (2018). Effects of a Home-Based Palliative Heart Failure Program on Quality of Life, Symptom Burden, Satisfaction and Caregiver Burden: a Randomized Controlled Trial. *Journal of Pain and Symptom Management*, 55(1), 1-11. doi:10.1016/j.jpainsymman.2017.07.047

Ohnishi, K., Kitaoka, K., Nakahara, J., Välimäki, M., Kontio, R. & Anttila, M. (2018). Impact of moral sensitivity on moral distress among psychiatric nurses. *Nursing Ethics*, 2018 Jan 1:969733017751264. doi: 10.1177/0969733017751264

Quan, X., Fong, D.Y.T., Leung, A.Y.M., Liao, Q., Ruscheweyh, R. & Chau, P.H. (2018). Validation of the Mandarin Chinese version of the Pain Sensitivity Questionnaire (PSQ). *Pain Practice*, 18(2): 180-193. doi:10.1111/papr.12587

Tse, M. Y. M., Kwan, R. Y. C., & Lau, J. L. (2018). Ageing in people with intellectual disability: issues and concern in Hong Kong. *Hong Kong Medical Journal*, 24(1), 68-72. doi: 10.12809/hkmj166302

Välimäki, M., Korkeila, J., Kauppi, K., Kaakinen, J.K., Holm, S., Vahlo, J., Tenovuo, O., Hämäläinen, H., Sarajuuri, J., Rantanen, P., Orenius, T. & Koponen, A. (2018). Digital gaming for improving the functioning of people with traumatic brain injury: a randomized clinical feasibility study. *Journal of Medical Internet Research*, 19;20(3):e77. doi: 10.2196/jmir.7618

Wong, E.M.L., Chair, S.Y., Leung, D.Y., Sit, J.W.H. & Leung, K.P. (2018). Home-based interactive e-health educational intervention for middle-aged adults to improve total exercise, adherence rate, exercise efficacy, and outcome: a randomised controlled trial. *Hong Kong Medical Journal*, 24 (1) (Supplement 2).

Yu, A.P., Tam, B.T., Lai, C.W., Yu, D.S., Woo, J., Chung, K.F., Hui, S.S., Liu, J.Y.W., Wei, G.X. & Siu, P.M. (2018). Revealing the neural mechanisms underlying the beneficial effects of Tai Chi: a neuroimaging perspective. *American Journal of Chinese Medicine*, 46(2):231-259. doi: 10.1142/S0192415X18500131

Yuen, J., Yan, Y., Wong, V., Tam, W., So, K.-W., & Chien, W.T. (2018). A physical health profile of youths living with a "hikikomori" lifestyle. *International Journal of Environmental Research and Public Health*, 15(2), pii:e315. doi: 10.3390/ijerph15020315

Current Issues



(7 Nov 2017)

Members of the Transitional, Supportive & Palliative Care research theme and other staff members celebrated the promotion of Dr Simone Ho and Dr Eileen Cheng to Research Assistant Professors, and enjoyed a happy retirement lunch with Dr Marian Wong.



(From Jan to Mar 2018)

Dr Mimi Tse was a consultant for a workshop series for occupation health of low-income labourers with musculoskeletal problems. The workshops were organised by Caritas HK. On 6 Mar, she was also an invited guest speaker for the CNE course "Pain Management: Non-drug Approach", organised by St. Paul's Hospital.

(13 Jan)

Prof. Wai-tong Chien and Ms Yan Li's (PhD student) article "A Lived Story about Paraplegia after a Car Accident: How to Face with the Challenges Resulted from Spinal Cord Injury" was published in a local newspaper HK01.



(Feb)

Dr Angela Leung was an invited speaker for the Round-table meeting "Sharing, Co-Building and New Era for Old Age" organised by China Merchant Groups in Shenzhen, Mainland China.



(28 Feb)

A Spring Lunch is held for recognising the work of non-academic staff, celebrating the new year and fostering the cross-team communications.



(8 Mar)

Prof. Frances Wong, Visting Professor at Shanghai Xiaotong University, shared her research findings and experience on advanced nursing practice and transitional care with the postgraduate students in the University.



(9-10 Mar)

Prof. Frances Wong was invited as a keynote speaker to present a talk titled "Nurses Beyond Hospital, Nursing Beyond Nurses" at the Transforming Nursing Care 2018 Conference, Singapore.



(27-28 Mar)

The School co-organised the Mental Health Symposium “Returning people with Severe Mental Illness (SMI) to the community”. Prof Wai-tong Chien conducted a symposium workshop titled “Application of Mindfulness-based Therapy to Promote Mental and Physical Health” and served as one of the panel discussion speakers.

Tweetlations for “Use of Social Network Sites for Communication Among Health Professionals: Systematic Review”
 Wendy CY Chan, Angela VM Leung
 J Med Internet Res 2018 (Mar 28); 20(3):e117

(28 Mar-Apr)

Dr Angela Leung’s paper entitled “ Use of Social Network Sites for Communication Among Health Professionals: Systematic Review” was one of the top-tweeted papers in the Journal of Medical Internet Research last month. As of 10th April, the paper has received 80 tweets since it was published on 28 March.



(13 Apr)




The Clinical Partners Appreciation Ceremony was held. Representatives from hospitals, the Department of Health and local NGOs attended the event. Students took this opportunity to express their gratitude to their Honorary Clinical Instructors.



(16 Apr)

To mark the students’ transition to the clinical phase of their education, a white coat ceremony was held before the students’ first clinical placement. Students took the pledge of professionalism at the ceremony.

Seminars

Date	Topic	Speaker	
20 Apr	<u>Workshops</u> How to Write a (Robust) Scientific Paper?(A series of workshops will be held from April to June. One workshop for each month).	Prof. Maritta Valimaki	
25 Apr	<u>Seminar :</u> Understanding and Addressing Antimicrobial Use and Resistance: An Interdisciplinary Approach	Dr Evgeniya Boklage, Post-doctoral Researcher, Institute for Media and Communication Studies, Department of Political and Social Sciences, Free University of Berlin	
26 Apr	<u>Seminar :</u> The Role of Mass Media in Communication of Infectious Diseases: Coverage of Emerging and Re-Emerging Infectious Diseases	Dr Evgeniya Boklage, Post-doctoral Researcher, Institute for Media and Communication Studies, Department of Political and Social Sciences, Free University of Berlin	

Staff

- *Prof. Frances Wong* has been appointed as one of the Members of the Steering Committee on Primary Healthcare Development under the Food and Health Bureau (FHB) in December 2017. Prof. Wong, as a facilitator of one of the sub-groups, hosted a meeting at PolyU with the participation of Ms Elizabeth Tse, the Permanent Secretary for Food and Health (Health), FHB (photo 1). She has also been appointed as the Expert Consultant of the Guangdong-Hong Kong-Macau Greater Bay Area Hygiene and Health Collaboration (首屆粵港澳大灣區衛生與健康合作專家顧問) in January 2018. The collaboration has been carried out among the Health and Family Planning Commission of Guangdong Province; Food and Health Bureau, The Government of the Hong Kong SAR; and Health Bureau, The Government of Macao SAR (photo 2).



(Photo 1)



(Photo 2)

- *Dr Zenobia Chan* has been appointed Head of PolyU's Office of General University Requirements, with effect from 1st September 2018.
- *Dr John Yuen* has been appointed as the Co-Chair of the institutional-level Advisory Committee on eLearning (ACE), commencing 10th March. In this capacity, he also serves in the Working Group on Development and Operation of eLearning (WGDOE), which was set up under the auspices of the Office of Deputy President and Provost (DP) in 2013 in support of PolyU's Strategic Plan on learning and teaching.
- *Dr Candy Wu, Dr Regina Lee, Dr Mimi Tse, Dr Kin Cheung, and Mr Eddie Wong* received the PolyU Long Service Awards 2017.



Staff movement

Welcome to *Dr Simon Lam*, who joined the School as Assistant Professor on 18 April.

Farewell to *Ms Rebecca Wai*, Advanced Practice Nurse. We thank her for the contribution during her time with us.

Students

- Ms Iris Hing-yi Ma, a year 5 student on the BSc (Hons) Nursing programme (53455) was awarded the Outstanding Student Award of Department 2017.



- PhD student, Ms Yan Li (CS: Prof. Wai-tong Chien; Co-S Dr Daniel Bressington) has obtained an Award for Best Oral Presentation in the 21st East Asian Forum of Nursing Scholars (EAFONS) & 11th International Nursing Conferences (INC), held in Seoul, Korea from 11 to 12 January. The presentation was "Effects of a Coping-oriented Supportive Programme for People with Spinal Cord Injury during Inpatient Rehabilitation: A Quasi-Experimental Study".



Nursing Departmental Society

- From January to February, the Nursing Departmental Society (NDS) organised a first aid course to help members to fulfill their graduation requirement.
- From the end of February to early March, NDS held the Photo Days. Special photo props were prepared for members and all members enjoyed the events.



- In March, the 25th Nursing Departmental Society (the Flare) took office. Since then, the Flare has been serving its members and holding different activities for nursing students.

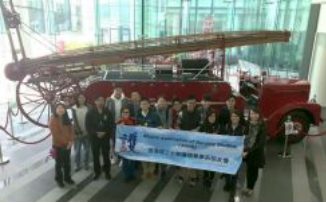


Alumni



(2 Feb)

- ▶ Alumni Association of Nursing Studies (AANS) joined the Alumni Reunion Dinner of the Master of Nursing programme (Cohort 2014) in Chinese Garden, Communal Building, PolyU.



(11 Mar)

- ▶ AANS visited the Fire and Ambulance Services Academy in Tseung Kwan O. They watched the parade of fire appliances, and the demonstrations of firefighting and rescue.



(7 Apr)

- ▶ AANS executive members shared their career experience to the year-5 mental health nursing students in the programme leader meeting. Fourteen students joined the AANS as life members on that day.

Visitors

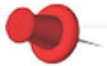


Date : 27 Feb

Institution / Organisation : Hospital Authority

Country : Hong Kong

Visitors : Dr Libby Lee,
Director (Strategy and Planning)
Dr Rebecca Lam,
Deputising Director (Quality & Safety)
Dr Christina Maw,
Chief Manager (Primary and Community Services)
Ms Ivis Chung,
Chief Manager (Allied Health)
Mr Lawrence Poon,
Chief Manager (Nursing)/Chief Nurse Executive
Dr Cissy Choi,
Senior Manager (Rehabilitation & Patient Empowerment)



Date : 2 Mar

Institution / Organisation : Food and Health Bureau

Country : Hong Kong

Visitors : Ms Elizabeth Tse,
Permanent Secretary for Food and Health (Health)
Mr Fong Ngai,
Head (Healthcare Planning and Development Office)
Mr Chris Fung,
Principal Assistant Secretary for Food and Health, (Health)
Miss Natalie Lau,
Assistant Secretary for Food & Health (Health)



Date : 20-23 Mar

Institution / Organisation : Coventry University

Country : Hong Kong

Visitors : Mr Neil Kelly,
Senior Lecturer in Mental Health Nursing
Mr Jon Andrews,
Senior Lecturer in Mental Health Nursing



Date : 21 Mar

Institution / Organisation : Deakin University

Country : Australia

Visitors : Prof. Maxine Duke,
Head of School, School of Nursing and Midwifery
Prof. Nikki Phillips,
Deputy Head of School, School of Nursing and Midwifery



Date : 26 Mar

Institution / Organisation : Representatives from Sichuan University,
the Institute for Disaster Management and
Reconstruction (IDMR), and from schools
in Sichuan
川港人才交流計劃四川省教育研修交流團

Country : Mainland, China



Educational Innovations: How to Present Research Ideas Effectively to the Audience?

Prof. Maritta Valimaki, Dr Grace Ho and doctoral students from Hong Kong, Mainland China and Finland, who have participated in the CIMO's (Centre for International Mobility) project, gathered in Turku, Finland between 31 August and 2 September 2017 for the "Big Data in Health Services" programme.

The CIMO project aims to foster international exchange among doctoral students. It also focuses on understanding and utilising big data in health care research.

During the exchange, students introduced their area of interest and expertise to their peers via a rapid (i.e. "PechaKucha") presentation. Prof. Maritta Valimaki and Dr Grace Ho found that this learning method was innovative and would greatly benefit our research students if put into practice in our School. Below is the sharing from Dr Grace Ho.

What is the innovation?

Before convening in Turku, students were asked to create a scientific presentation consisting of 20 slides for 20 seconds each. During the timed presentation, students' slides automatically proceeded at 20 second intervals, which required students to skillfully and seamlessly transit throughout the six minute and 40 second talk. Akin to an "elevator pitch," the rapid presentation helped students to learn the importance of planning, preparation and practice, in order to give a polished and impactful presentation.

What was learnt?

The rapid presentation model used in the CIMO project demonstrated the importance of providing doctoral students with public opportunities to strengthen their scientific communication skills using unique and novel formats. The method could be used at PolyU in different occasions when research ideas should be presented to the audience shortly and in a focused manner.

