

School of Mursing Mensletter



To excel in Nursing for the well-being of mankind

Issue No. 37 July 2018



Students shine in international contests

Ms Connie Yau, our year-5 undergraduate nursing student and **Ms Connie Chong**, our PhD student, have added another accolade to their already impressive lists of achievements. Ms Yau was awarded a silver medal in the 46th International Exhibition of Inventions Geneva and Ms Chong was selected as the first-ever winner of the ACBS Early Career Research Paper Award 2018. The honour bestowed upon our students is a recognition to the School's effort in providing quality nursing education and promoting research development.

Last year, Ms Yau and her team represented Hong Kong in Japan and their mobile app "Clinic Express" beat over 70 teams from other countries to win the World Genius Silver Award. Following this success, the team* revamped their app by adding new functions and leapt forward to showcase their app in the Inventions Geneva, a world-famous international exhibition of inventions.

"Clinic Express" aims to ease the pressure on accident and emergency departments in public hospitals by providing patients with comprehensive information via technology (such as the expected waiting time in an A&E department, nearby alternative private health services and their prices, a symptom checker, and basic first aid knowledge etc.), which helps patients decide using public or private healthcare services, and allows better utilisation of medical resources.

The innovative idea and the practical pre-triage and health educational functions of the project won the hearts of the jury at Geneva. The team beat off around 430 entries and won the silver medal of the medicine category.

For Ms Yau and her team member (Mr Andy Lam, a student from the Department of Computing), the experience of participating in the world biggest invention exhibition was valuable. "We had an opportunity to learn more about advanced European technology and exchange ideas with different teams." Said Ms Yau. The team are planning to move the awarded project to the implementation phase. The prototype will be further refined and a database will be created before the marketing phase.

The "Clinic Express" will also be showcased in the Global Healthcare Innovation Academy 2018, a global scientific and business pitch competition for health innovation, held in Hong Kong on 29-30 August. Ms Yau and Mr Andy Lam will represent Hong Kong to compete for the highest honour.

(*The project team of "Clinic Express" consists of students from the School of Nursing, the Department of Computing, the Department of Electronic and Information Engineering, the School of Design, and the Department of Electrical Engineering.)



Geneva.

Ms Yau and her team member, Mr Andy Lam, the recipients of the Silver Medal at Inventions



Clinic Express-A project that has earned Ms Yau and her team ten awards since 2016.

Another Connie, our PhD student, Ms Yuen-Yu Chong, is recognised as a rising star researcher and was selected as the first-ever winner of the ACBS Early Career Research Paper Award, piloted this year.

Her doctoral dissertation is a randomized controlled study which explored the effects of a parental training program using group-based Acceptance and Commitment Therapy for managing children with asthma. Two papers arising from this dissertation entitled "A Randomized Controlled Trial of Group-Based Acceptance and Commitment Therapy in Parents of Children with Asthma: Effects on the Asthma Outcomes of Children" and "Exploring Mediators of Change in a Parental Training Program Using ACT for Improving

Asthma Outcomes in Children: An Analysis Using Structural Equation Model Based on a Clinical Trial Data" were ranked the highest among the eleven applicants of the award.

The ACBS Early Career Research Paper Award Committee commented Ms Chong's PhD project as "An elegant randomized controlled trial to test the efficacy of an ACT programme (as compared to an education program) to help parents of young children with asthma respond more effectively to their children's asthma behaviors. This study of 168 parents, with a 96% follow-up, showed that a mere four sessions of ACT for parents lowered the risk of their child's hospital emergency room visits by 80%. That is a big deal. She is also presenting a separate paper showing that parental psychological flexibility was a key process underlying the effect of the intervention."

Founded in 2005, The Association for Contextual Behavioral Science (ACBS) is a worldwide and well-known online learning and research community dedicated to the alleviation of human suffering and the advancement of human well-being through research and practice grounded in contextual behavioral science.

Ms Chong's PhD project earned her several awards earlier, including the Pi lota Chapter Scholarship Award (2018), the Michael J. Asher Student Dissertation Award (2018; awarded by the Board of Directors of the Association for Contextual Behavioral Science, United States), and the Student World Conference Scholarship Award (2015; awarded by the Conference Scholarship Committee of the Association for Contextual Behavioral Science for a paper presented at the Association for Contextual Behavioral Science Annual World Conference 13, Berlin, Germany).



Ms Connie Chong received the Pi lota Chapter Scholarship Award.



At the ACBS Montreal Conference in July, Ms Connie Chong (2nd from left) took a photo with her supervisor, Dr Yim-wah Mak (1st from right) and other presenters after her presentation.



Interprofessional Team-based Learning team received Faculty outstanding award

The teaching team for Interprofessional Team-based Learning (IPTBL) has been selected by the Faculty of Health and Social Sciences to receive the Faculty Awards for Outstanding Performance/Achievement 2017/18 (Faculty Awards in Teaching). The team is led by **Prof. Frances Wong**. Members include **Dr Kitty Chan, Ms Wai-shan Chan, Ms Jacqueline Ho, and Mr Arkers Wong**. Congratulations to all!

Service learning in Cambodia

Ms Phyllis Pang and **Dr Wai-kit Wong** led a team of 40 students and 6 student leaders to visit Cambodia to conduct health assessment and promote healthy lifestyle. Collaborated with the local stake-holders including "Royal University of Phnom Penh", "Young People Do" and "Bopha Foundation", the project served around 200 recipients living in the slum and rural area of Cambodia from 29 May to 14 June. The student leaders shared their learning below:

"...be aware of the global conditions and participate in more overseas voluntary services to help those in need around the world." (Reflection on global citizenship)

"To make the health promotion sustainable, we can have regular evaluation on our service-recipients...We can also invite and empower the students from Royal University of Phnom Penh who helped in the SL project in continuously providing health promotion service in Cambodia." (Reflection on community empowerment)

"We realised the importance of peer support. Student leaders worked as a team to facilitate student learning. Whenever we encountered difficulty, the student leaders would assist each other. "The clinical settings are changing rapidly with increasingly complexity. To be clinical leaders in the future...we have to make an endeavor to improve ourselves and to be more innovative and flexible." (Reflection on personal growth and professional development)

"We have different personality and possess different qualities of leadership, such as the sense of humor, competence in decision making, and ability to motivate others. We learnt that everyone can be a successful leader, if one can make use of the opportunity to accept the identity as a student leader and develop the leadership skills. (Reflection on leadership)



▲ Student leaders (from left: William Chow, Emma Yau, Janice Shing, Clarice Fung, Winki Lee, and Tessa Chan).



▲ Students conducted the first home visit and collected data for a health survey at a village of Kampong Speu province, Cambodia.



Students delivered health promotional activities.

Student self-initiated project in Cambodia

Funded by the PolyU Community Service Fund Student Service-Learning Grants 2017/18 (with an amout HKD 57,700), the self-initiated project (SIP) YOLO (You Only Live Once/柬。愛) was launched. **Ms Phyllis Pang** was the advisor and 16 students of different disciplines were involved in the project. Most of the students joined the service-learning trip (SN2S03) to Cambodia in the previous years.

The students recruited members, wrote the proposal and budget plan, collaborated with NGOs in Cambodia, sought sponsorships, prepared teaching materials, and discussed how to perform evaluations. The 12-day service trip took place in Sen Sok and Happy Tree Orphanage in Phnom Penh of Cambodia from 15-26 May. Demonstration of first aid skills, and the teaching of food hygiene, dental care and anti-mosquito management were delivered to the local volunteers, villagers and recipients living in the slum for improving their health status.



Group photo of the SIP team.



INSPPIRE ended with new pursuit of research excellence

The International Nursing Scholarship for Pre-PhD in Research Excellence (INSPPIRE) programme has motivated participants to pursuit research excellence.

Launched from 3-13 July, the programme attracted 20 candidates from different countries/ places including Mainland China, Hong Kong, Vietnam, Indonesia, Nigeria, Ethiopia, Pakistan, Philippines and Singapore to participate.

The INSPPIRE is a tailor-made programme for pre-PhD students from all continents to prepare them to study a PhD programme at PolyU and engage in research activities in Hong Kong. It also aims to explore future cross-institutional collaboration opportunities.

During the programme period, the participants took part in various activities, including lectures, a research topic brainstorming workshop, meeting current PhD students. The participants also gave presentations on their previous research experience and preliminary research ideas.

The programme ended with applauses from the participants. The pre-PhD students generally viewed the programme as comprehensive and thought-provoking. They commented that the INSPPIRE has given them new prespectives on research study and a fantastic opportunity for finding out more about the PhD studies in the School.



Results of RGC GRF/ECS

The application results for the General Research Fund (GRF) / Early Career Scheme (ECS) in 2018/19 of the Research Grants Council were announced. Three of our applications were funded. The success rate of our applications is 18% for GRF and 25% for ECS. Below describes the details of the funded projects:

Project Title	PI	Total Grant (HK\$)	Funding Source
The impact of video gaming on cognitive functioning of people with Schizophrenia (GAME-S)	Prof. Maritta Valimaki	1,151,999	GRF
A couple-based interpersonal psychotherapy on postnatal depression and family sense of coherence: a randomized controlled trial	Dr Vivian Ngai	1,094,700	GRF
A longitudinal investigation of migraine features and cardiovascular risk profile: initiatives for establishing a cohort of general Hong Kong Chinese women	Dr Grace Xie	903,705	ECS

Members of Mental Health Care received funding for projects

- **Dr Zenobia Chan** received a grant of HKD 300,000 for the project entitled "Understanding Positive Youth Development among the Ethnic Minority Adolescents in Hong Kong: Using a Mixed-Method Approach". The project is funded by the Faculty Collaborative Research Scheme between Social Sciences and Health Sciences, The Hong Kong Polytechnic University.
- **Dr Grace Ho**'s project entitled "What is a "good parent" in Hong Kong? A Q-study" received HKD150,000 from the Internal Research Fund of the School.

Research Themes & Centres Update

Ageing and Health



Collaboration with Karolinska Institutet, Sweden in gerontechnology research

This is the first time that members of the Centre (**Dr Angela Leung** and **Dr Daphne Cheung**) have collaborated with the Swedish researchers (Zarina Nahar Kabir) in a gerontechnology research study. The study was funded by the Karolinska Institutet (KI) – PolyU collaborative research fund.

Further to this collaboration, the project team has just secured a funding of SEK 3.5 million from the Kamprad Foundation, Sweden, for investigating the use of mobile app to alleviate stress among caregivers of persons with dementia.

Welcome new member

The Centre welcomes **Dr Simon Lam** to join as a new member. Dr Lam was graduated from The Chinese University of Hong Kong (CUHK) in 2001 and worked as a registered nurse at the Prince of Wales Hospital in various specialties. He obtained his Master of Science in Clinical Gerontology in 2004 and PhD in Nursing in 2015 from CUHK. Dr Lam started his academic career in 2006 as Lecturer and was promoted to Assistant Professor in 2011at The Open University of Hong Kong. His research interests are the investigation of quality of life and frailty of older people. Dr Lam has performed professional service in the Nursing Council of Hong Kong as a co-opted member of the Enrolled Nurse (General) Examination Sub-committee and a member of the sub-group for Syllabus and Core-competences for Training of Enrolled Nurse (General).



Family and Community Health



Accreditation of the Certificate Course in Infectious Diseases and Infection Control for Health Care Professionals

The Certificate Course in Infectious Diseases and Infection Control for Health Care Professionals (醫護人員之傳染病及感染控制証書課程) is being recognised as a continuing education course at HK Qualifications Framework (QF) Level 4.

At its 2nd meeting held on 30 May, the PolyU Continuing Education Review Committee approved, on behalf of the Senate, the CIC's proposal of offering a 4.5-month 3-PolyU credit/12-HKQF credit course. This course has been rigorously reviewed and will have to adhere to a strict quality assurance process audited by the Quality Assurance Council of the University.

Transitional, Supportive & Palliative Care

Frances appointed Hooker Distinguished Visiting Professor

Prof. Frances Wong was appointed Hooker Distinguished Visiting Professor to visit McMaster University and present the 2018 Hooker Distinguished Scholar Lecture on 16 April at the university.

In the presentation entitled "Transitional Care: Turning Vision into Reality", Prof Wong examined the development of transitional care models and illustrated the importance of developing innovative and effective nursing interventions and models of care.

During the two-week visit (from 9 to 21 April), Prof. Wong delivered lectures on various topics, such as global development of advanced nursing practice and postgraduate education at PolyU. She attended many meetings and discussions on research and student exchange collaboration between McMaster University and PolyU.



Prof. Wong delivered the Hooker Distinguished Scholar Lecture at McMaster University.



_ Dr Denise Bryant-Lukosius (Left), Associate Professor, School of Nursing and Department of Oncology; Co-Director, Canadian Centre for Advanced Practice Nursing Research, McMaster University.



▲ Dr Paul M O' Byrne (Left), Dean and Vice-President, Faculty of Health Sciences, McMaster University.



A group photo with staff members of McMaster University.

Mental Health Care

Intervention training in Thailand

Dr Daniel Bressington went to Nakhonsawan Rajanagarindra Psychiatric Hospital (Nakhonsawan, Thailand) from 22-24 May to deliver intervention training to nurses and kick-off an RCT study entitled: "Thai Health Improvement Profile Intervention to Prevent Weight Gain in People with First Episode Psychosis". The project is funded by the Thailand Research fund (Royal Thai government).



Research Publications

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- Bressington, D., BaDanielapurkar, A., Inoue, S., Ma, H Y., Chien, W T., Nelson, & D., Gray, R. (2018). Physical health care for people with severe mental illness: the attitudes, practices, and training needs of nurses in three Asian countries. *International Journal of Environmental Research and Public Health*, 15, 343. 15;15(2). pii: E343. doi: 10.3390/ijerph15020343
- Bressington, D.T., Wong, W.-K., Lam, K.K.C., & Chien, W.T. (2018). Concept mapping to promote meaningful learning, help relate theory to practice and improve learning self-efficacy in Asian mental health nursing students: a mixed-methods pilot study. *Nurse Education Today*, 60, 47-55. doi: 10.1016/j.nedt.2017.09.019
- Chan, A.H.L., Wong, S.Y.S., & Chien, W.T. (2018). A prospective cohort study of community functioning among psychiatric outpatients. *Psychiatry Research*, 259, 125-134. doi: 10.1016/j.psychres.2017.10.019
- Chan, W. S. Y., & Leung, A. Y. M. (2018). Use of social network sites for communication among health professionals: a systematic review. *Journal of Medical Internet Research (JMIR)*, 20(3):e117. doi: 10.2196/jmir.8382. (IF: 5.175)
- Chan, Z. C. Y., Chien, W. T., & Henderson, S. (2018). Metaphorical interpretations of the teacher-student relationship: an innovation in nursing educational research. *Nurse Education in Practice*, 28, 46-53.
- Chui, C. H., Tang, J. Y. M., Kwan, C. M., Fung Chan, O., Tse, M., Chiu, R. L. H., Lou, V. W. Q., Chau, P. H., Leung, A. Y. M., & Lum, T. Y. S. (2018). Older adults' perspectives of age-friendliness in Hong Kong. *The Gerontologist.* (IF: 3.231). doi:10.1093/geront/gny052
- Cruz, J. P., Felicilda-Reynaldo, R. F. D., Lam, S. C., Contreras, F. A. M., Cecily, H. S. J., Papathanasiou, I. V.,... & Colet, P. C. (2018). Quality of life of nursing students from nine countries: a cross-sectional study. *Nurse Education Today*, *66*, 135-142.
- Ho, G., W. K., Bressington, D., Leung, S. F., Lam, K. K.C., Leung, A. Y. M., Molassiotis, A., Ligot, J., Ranoco, C., Sophal, C., & Valimaki, M. (2018). Depression literacy and health seeking attitudes in the Western Pacific region: a mixed-methods study. *Social Psychiatry and Psychiatric Epidemiology*. (IF: 2.922). Published online on 2 Jun 2018. https://doi.org/10.1007/s00127-018-1538-6
- Ho, G.W.K., Bressington, D., Leung, S.F., Lam, K.K.C., Leung, A.Y.M, Molassiotis, A. ... Valimaki, M. (2018). Depression literacy and health-seeking attitudes in the Western Pacific region: a mixed-methods study. *Social Psychiatry and Psychiatric Epidemiology*. doi: 10.1007/s00127-018-1538-6
- Leung, A. Y. M., Xu, X., Chau, P. H., Yu, E. Y. T., Cheung, M. K. T., Wong, C. K. H., Fong, D.Y.T., Wong, J. Y. H., & Lam, C. L. K. (2018). A mobile app for identifying individuals with undiagnosed diabetes and prediabetes and changing behavior: 2-year prospective study. *JMIR mHealth uHealth*, 6(5), e10662. (IF: 4.636). doi:10.2196/10662
- Muyambi, K., Jones, M., Martinez, L., Cronin, K., McPhail, R., Dennis, S., Gillam, M., Bressington, D., & Gray, R. (2018). What do mental health workers in the bush think about mental health nurse prescribing? A cross-sectional study. *Australian Journal of Rural Health*. 2018. doi:10.1111/ajr.12435
- Sze, K. Y., Chan, Z. C. Y., & Chiang, C. L. V. (2018). Women's experiences of formula feeding their infants: an interpretative phenomenological study. *Frontiers of Nursing*, *5*(1), 49-60. doi:10.1515/fon-2018-0008
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- Trautmann, J., Ho, G.W.K., & Gross, D.A. (2018). Parenting needs among mothers of young children during military deployment. *Journal of Nursing Scholarship*, *50*(4), 1-11.
- Vähäniemi A., Warwick-Smith K., Hätönen H., & Välimäki M. (2018) National evaluation of community-based mental health strategies in Finland. *International Journal for Quality in Health Care* 1;30(1):57-64. doi: 10.1093/intqhc/mzx166
- Xu, X., Leung, A. Y. M., & Chau, P. H. (2018). Health literacy, self-efficacy and associated factors among patients with diabetes. Health Literacy Research and Practice, 2(2), e67-e77. https://doi.org/10.3928/24748307-20180313-01

Student Sharing

Editor's note: In May, the President of PolyU, Head of the School of Nursing, and the relevant teaching staff members received a letter of appreciation from the relative of a passed away patient, expressing gratitude to Mr Alfred Siu, our year-5 nursing student, who was on placement in Queen Elizabeth Hospital. The relative was impressed by the caring service given by Mr Siu. Mr Siu told us more about his nursing duty in the hospital and shared the personal lesson he has learnt during his practicum.

Time flies. The 14-week long consolidation practicum has been completed in the blink of an eye. Frankly speaking, it was very difficult to work as a nurse-to-be in the clinical setting but we have finally overcome it. Can you imagine how excited I was when I held the Certificate of Registration in my hand?

We all have gone through so much to reach this milestone. Every one of us has his/her fascinating placement story and here is what happened in my practicum.

There was a time when the family members of a patient requested a diaper change for his dad during the staff meal time. We were shorthanded and I apologised and explained the situation to the relatives, and then I politely invited them to take part in positioning the patient while I was cleaning. The relatives were frightened in the beginning as they had never seen their family member being dependent in the cleaning process and they had never been taught to position a bed-bound person for cleaning. I soothed their fear. Then, I introduced the materials needed for changing the diaper efficiently with less odor. With the help of the relatives, the process did not take long. The relatives appreciated my detailed explanation and clear demonstration. For me, I was just doing my job.

These kind of small events happen every day in hospitals. Our caring hearts might be obliterated gradually by the busy working environment and the endless job list. It is our determination and persistence that prevents us from turning into "heart-hardened job delivery machines".

I believe that patients can always feel it when you treat them as the persons you treasured. Sometimes, we think that there will always be another chance to present our empathy to someone. From my clinical placement experience, it is not true. The lesson that I have learnt during the placement is to grasp every moment to present your empathy to someone and to demonstrate the true humanities in nursing and medicine. It is not only for the benefit of clients, but also for giving yourself some opportunities to realise what nursing is truly about. (Written by Mr Alfred Siu)



the placement.

A Certificate of Attainment was presented to Mr Siu (2nd from left) for his extraordinary work during

Outstanding student returned after semester exchange in UK

Supported by the Innovation and Technology Scholarship Award 2017, Ms Wing-lam Lui, a year three student on the BSc in Nursing programme (53455) studied two summer courses at Johns Hopkins University in last July. Following the overseas summer course experience, Ms Lui embarked on a whole semester exchange in the University of Manchester. She has just returned to Hong Kong, and let us hear her experience at the UK.

What was the difference in teaching and learning between Johns Hopkins and the University of Manchester?

Both universities emphasize student initiatives in learning. Teachers in Johns Hopkins did not provide notes or use PowerPoint in teaching. They expected students to do the pre-reading and raise questions in classes. In the University of Manchester, I asked a professor of the Health Psychology course what was the difference between awareness and consciousness. He suggested me to search the information first, then came back and discussed with him. Teachers in both universities provided learning directions, aroused students' interests and facilitated initiatives in learning.

What have you gained from the learning at the University of Manchester?

My attitude of learning have been changed. To some extent, I was a spoon-fed student but now I see myself as an adult learner. When I have a question, I will try to search for information and find out the answer before bringing it to a teacher.

The subject "Health Psychology" not simply gave me basic knowledge of psychology, but also provided nursing strategies and solutions for different cases and health care scenarios. For example, I learnt the psychological reasons behind a patient non-compliance in taking medications, and the strategies and actions a nurse can take. I think nurses can provide holistic care only when we have enough understanding on patients' behaviours and decisions, as well as all-round knowledge.

Your semester exchange included a placement. What have you gained from the placement?

I was on placement in the surgical wards of Manchester Royal Infirmary hospital. I had the opportunity to visit the operation theatre and an anesthesiologist shared with me his role during an operation. I followed IV nurses to home visit some discharged patients and I learnt more about patients' recovery in the community. In the hospital, I also participated in doctors' rounds. Generally speaking, nurses in the UK have higher autonomy than nurses in Hong Kong.

In the UK, patients are from different ethnic backgrounds. There was an occasion when I was assisting a doctor to try to perform an abdominal assessment on a female Muslim patient. She refused us and reacted in an aggressive way. A senior nurse told me that a male doctor touching a female patient is regarded as unacceptable in the patient's culture. Serving the patients in the UK has increased my cultural awareness.

What was the most inspiring experience during the exchange?

My academic advisor in the UK told me that all nursing care should be community-based, and nurses should strive for this dream.

In the home visits, I saw how patients used their tele-devices to monitor their health and provide data (such as glucose level) to the healthcare professionals. The device helped the health care professionals monitor the discharged patients closely, hence reduced patient revisits to clinics/hospitals. It also helped the patients feel empowered as they were taking care of their own health. I hope that in Hong Kong, the dream of my academic advisor can come true step by step, and we can provide better care for discharged patients in the community.



Ms Lui and her classmates in the University of Manchester.



> On a placement in the surgical wards.



▶ Ms Lui's academic advisor brought her to visit Buxton, the home town of the academic advisor.

Staff

New appointments

- Professor Valimaki Maritta Anneli has been appointed as Associate Head for promoting research and scholarship in the School.
- Dr Timothy Sim, Associate Professor of the Department of Applied Social Sciences has been appointed as Deputy Director of the School's WHO Collaborating Centre for Community Health Services, with effect from 1st July.
- *Dr Ada Lau* will take up the role as the programme leader for the Master of Nursing programme and Mr Kevin Leung will be the deputy programme leader.
- Dr Angela Leung has been appointed by the Research Council, under Food and Health Bureau of the Government of the Hong Kong SAR, to serve in the Grant Review Board of the Health and Medical Research Fund from 1 August 2018 to 30 September 2020.
- Dr Daphne Cheung was appointed as Visiting Professor of The Nursing College of Zhangzhou University for a 3-year term.

New staff representatives

New staff representatives were elected for the School Management Committee (2018/19). Our new representatives are:

Dr Grace Ho, Elected Academic Staff

Mr Edmond Tong, Elected Academic Staff (Clinical)

Elected Non-Academic Staff (vacant)

Staff Movement

Welcome to *Dr Doris YP Leung*, Research Assistant Professor and *Mr Alex Yiu*, Technical Support Assistant (both joined the School in June); and *Ms Sze-wan Lo*, Clinical Associate who joined the School on 12 July.

Farewell to Ms Ka-ping Pang and Ms Bonnie Tam, Clinical Associate; Ms Christine Lau, Assistant Officer and Ms Winnie Ng, Administrative Assistant. We thank them for their contributions during their time with us.

Congratulations to Dr Grace Xie on her promotion from Research Assistant Professor to Assistant Professor.

International events

- *Dr Zenobia Chan* was an invited member of the International Scientific Review Panel of the 7th International Nursing Education Conference, held in Banff, Canada, 6-9 May 2018.
- *Professor Maritta Valimaki* was invited to join the programme committee of the 7th International Conference on Wellbeing in the Information Society, WIS 2018, to be held in Finland on 27-28 August, 2018.
- Professor Maritta Valimaki has been selected as a committee member of the large international network related to Evidence-based practice. The network is funded by the European Commission (COST). This COST Action is called EVBRES (EVidence-Based RESearch), and the title is "Towards an International Network for Evidence-Based Research in Clinical Health Research" (CA17117). The main aim and objective of the Action are to encourage researchers and other stakeholders to use an Evidence-Based Research approach while carrying out and supporting clinical research, and thus avoiding redundant research. The network will be active for 4 years.

Students

Nursing Departmental Society

• From May to July, the Nursing Departmental Society (NDS) organised the joint university Caduceus Cup with other local universities. The PolyU nursing team won the second runner-up in the table tennis competition.



• From 18-19 June, NDS held a one-day pre-camping activity in Cheung Chau for some BSc (Hons) in Nursing year-1 and Articulation year-1 students. The activity helped NDS prepare the orientation camp in August.



Alumni



(14 & 30 Apr)

Executive members of the Alumni Association of Nursing Studies (AANS) shared their career experience with the final year students of the BSc (Hons) in Nursing and the Master of Nursing programmes. 76 students have joined the AANS life membership.



(10 Jun)

AANS and the Federation of PolyU Alumni Association held the "Community Services Day in Sha Tau Kok" to promote healthy living to the elder persons.

Student serving in humanitarian organisation

Ms Cecilia Fung, an alumna of the BSc (Hons) in Nursing programme, has joined the "Emergency", a humanitarian organisation founded in Italy, for helping civilian victims of war and poverty. She worked at the Salam Centre for Cardiac Surgery in Sudan to provide the only services to the African people of the region for the past six months. Her role was to supervise and educate Sudanese nurses.



Visitors



Date : 17 May

Institution / Organisation : The University of Turku

Country : Finland

Visitors : Dr Minna Stolt

University Teacher, the Department of

Nursing Science





Date : 21 May

Institution / Organisation : China Education Culture Exchange Foundation

Country : Mainland, China

Visitors : A delegation from Sichuan.

香港賽馬會川港人才交流計劃項目-

四川省社會福利研修交流團





Date : 21 Jun

Institution / Organisation: Sun Yat-sen University

Country : Mainland China

Visitors : A delegation consisted of

government officials, teaching staff members, heads of nursing staff

and students.



Current Issues



(27 April)

Dr Mimi Tse was an invited speaker for the RTHK5 radio programme on pain in elderly. She talked about peer volunteers among older adults in managing pain, and the programme was on air.



(7 May)

Dr Mimi Tse, Programme Leader of the Master of Science in Nursing; Dr Justina Liu, Overseas Placement Coordinator; and Dr E. Angela Chan had a meeting with Dr Lia Litosseliti, Associate Dean of the School of Health Sciences (3rd from right) and Prof. Vicky Joffe, Academic Director, Internationalisation, of City, University of London. They talked about undergraduate and postgraduate student exchange activities and further collaboration possibilities.



(11 & 12 May)

Our staff members, students and alumni attended a dinner held at Kowloon Bay International Trade & Exhibition Centre to celebrate the 2018 International Nurses Day.

Prof. Maritta Valimaki was invited to give an honorary speech at the symposium on Kwai Chung Hospital as part of the International Nurses Day celebration.



(16 May)

Ms Jun Xia, Co-Director of GRADE Centre Ningbo (Systematic Review Unit Lead, Nottingham Health China and the University of Nottingham Ningbo) visited PolyU to discuss collaboration opportunities to develop capacities and skills of the mental health team to develop national and international guidelines.



(19 May)

At the PolyU JUPAS Consultation Day, prospective students visited our booth and attended our information seminars to obtain the latest information on our undergraduate programmes.

(19 May)



The Pi lota Chapter, Sigma Theta Tau International Honor Society of Nursing, held the Annual General Meeting and the 19th Induction Ceremony at PolyU.

Prof. Kuei-min Chen, Professor, College of Nursing, Director, Master Program of Long-Term Care in Aging Director, Center for Long-term Care Research, Kaohsiung Medical University, Taiwan, delivered a keynote speech entitled "Gerontological Nursing Leadership in the National and International Context". A total of 40 people were inducted this year. The Pi lota Chapter Scholarship (2017/2018) were presented to three awardees including students and community leaders at the event.

(25 May & 2 Jun)

The School's Integrative Health Clinic (IHC) organised the open days. Health seminars on various topics were conducted. Health check counters provided by nursing students were well received by visitors.



(26 May)

The paper of Ms Phyllis Pang, Ms Lily Ho, Mr Jin Yeung and Mr Adrian Cheng (student) presented at the Hong Kong College of Gerontology Nursing Scientific Meeting Cum AGM 2018, was awarded the Scientific Paper Award. The title of the paper is "Nurturing Future Nurses to Provide Sustainable Quality Gerontological Care through Primary Health Care Practicum"



(May to Jun)

IHC delivered a series of "Mental Health First Aid Standard Courses".

Seminars

Date	Торіс	Speaker	
8 May	Seminar: Tin Ka Ping Scholar Sharing Seminar	School of Nursing, Fujian University of Traditional Chinese Medicine: • Ms Li Zhuang Miao, Associate Professor; • Ms Li Xia, Lecturer	The second secon
9 May	Seminar: Life after Retirement	Prof. Ida Martinson Former Head [1996-2000], School of Nursing, PolyU	
11 May	<u>Seminar:</u> Developing an Online Subject	School of Nursing, Poly: • Dr John Yuen, Associate Professor; • Mr Ego Ho, Senior Information Technology Officer	
18 May	Workshop: How to Write a (Robust) Scientific Paper?	Prof. Maritta Valimaki, Professor, School of Nursing, PolyU	
18 May	Seminar: Developing and Testing an Exercise Intervention Program	Prof. Kuei-Min Chen, Professor, College of Nursing Director, Master Program of Long- term Care in Aging Director, Center for Long-term Care Research Kaohsiung Medical University, Taiwan	
7 Jun	Seminar: The School and the Karolinska Institutet (KI) organised a joint seminar for master's students to enhance research interest of students.	Dr Mathilde Hedlund Lindberg, University Lecturer of the KI	
12 Jul	Seminar: Staying F.O.C.U.S.E.D. in the medical field	Dr Robert Wright Associate Professor, Department of Management & Marketing, PolyU	

Forthcoming Event

Global Healthcare Innovation Academy 2018

The School is honoured to host the Global Healthcare Innovation Academy 2018. With the theme "Innovation, Entrepreneurship, Society", this 2-day competition event will exhibit the best innovations in health and healthcare from Switzerland, Canada and Hong Kong. Teams from these three places will compete for the Innovation for Health Award of Excellence. Keynote addresses and workshops will be delivered during the event.

Date: 29 - 30 August 2018 (Wed - Thur)

Venue: Jockey Club Innovation Tower, The Hong Kong Polytechnic University

For more details and registration, please visit: http://www.ghiaevent.com