

COVER STORY

School hosted re-designation ceremony for the WHO CC

The School hosted the re-designation ceremony of the World Health Organization Collaborating Centre (WHO CC) for Community Health Services on 20 November, 2020. The ceremony was officiated by Prof. Sophia Chan, JP, Secretary for Food and Health, HKSAR Government (by video); Dr Hiromasa Okayasu (via ZOOM), Coordinator, Healthy Ageing Data, Strategy and Innovation (DSI), WHO Regional Office for the Western Pacific; Prof. David Shum, Chair Professor of Neuropsychology, Dean, Faculty of Health and Social Sciences; and **Prof. Alex Molasiotis**, Head of the School of Nursing.

At the ceremony, Prof. Alex Molasiotis, also Director of the WHO CC for Community Health Services said, 'The Centre is our response to the WHO's Decade of Healthy Ageing and its global action for improving the health and lives of older people and their families.'

The Centre is the FIRST and only WHO Collaborating Centre in Healthy Ageing in Asia and Pacific. Its missions are to take a proactive role in promoting the implementation of the WHO's strategic initiatives and supporting the WHO to develop healthy ageing policies and recommendations across the Western Pacific region. During the 4-year designation period, the objectives of the Centre are to identify key indicators of ageing and health in the region, actively promote and implement the WHO Guidelines on Integrated Care for Older People (ICOPE), provide a platform for inter-disciplinary collaborations among health care professionals and academia for developing initiatives for healthy ageing.



▶ Up right: Prof. Sophia Chan, our Guest of Honor; Down left: Dr Hiromasa Okayasu from the WHO Regional Office for the Western Pacific.



▶ Guests and members of the WHO CC for Community Health Services at the re-designation ceremony.

ATLAS used in infection control course to enhance learning efficacy

The School is one of the four local universities participating in the pilot testing of the use of Augmented Teaching and Learning Advancement System (ATLAS) in education. ATLAS is designed to enhance students' learning interests and efficacy, promote question asking, as well as teacher-student interactions during classes.

iBaecon, a Bluetooth low energy transmitter is central to ATLAS. When iBaecon sensors are installed in a classroom, students can use their mobile phones to connect to the system via Bluetooth signals and access to multimedia educational information for a self-paced e-learning. Teachers use the system to respond to questions asked online, give an online test, and review class attendance, etc.

At present, *the Certificate in Infectious Diseases and Infection Control for Health Care Professionals course* (IDIC) and our subject, *Infection Control Practice* (SN 5022), has been using the system to promote location based self-learning, in-class e-activities, and student-teacher interactions.

This is how our students on the infection control course/subject learn. Our students TOUR the School's Squina International Centre for Infection Control following instructions from their mobile phones. At different iBaecon (learning points), students flick a few buttons in their phones to receive multimedia information. For example, at the hand hygiene facility, students can access to a video about how to perform proper hand hygiene. After watching the video, the students practise hand washing. An online test will be given through mobile phones to the students to reinforce their learning. 'This is a location-based self-directed learning', said **Dr Yang Lin**, one of the lecturers of the IDIC course. 'We have designed a variety of learning contents, such as mask fit test, for our students to achieve the learning objectives', said **Dr Simon Lam**, a lecturer of the subject Infection Control Practice (SN 5022).

Another strength of ATLAS lies on its big data storage. The system can turn collected information into useful statistics for teachers to review students' participation in e-activities, level of achievement and attendance for adjusting or re-design the learning content.

Dr Lin Yang and Dr Simon Lam were the speakers of the workshop "Innovative 'Contactless' Teaching & Learning in Hybrid Classrooms with ATLAS" held by the PolyU Educational Development Centre (EDC) on 24 November. Click [here](#) and login the Learn@PolyU website to watch the EDC workshop and learn more about ATLAS.



▲ While touring the Squina International Centre for Infection Control, our students using ATLAS to access multi-media learning information to reinforce their learning.

New VR motor-cognitive training for older adults with cognitive frailty

Cognitive frailty is the simultaneous presence of both physical frailty and cognitive impairment in a person.* Older adults having cognitive frailty may find managing activities of daily living difficult, therefore, they reduce their participation in usual or social activities.

To help those older adults maintain their cognitive functions and simultaneously improve their motor abilities for carrying out activities of daily living, **Dr Rick Kwan** and his collaborators at Pok Oi Hospital have developed the Virtual Reality (VR) Motor-Cognitive Game-based Training System**.

When users put on the wireless VR headset, they are taken on a journey to complete tasks of activities of daily living. Following the on-screen instructions and by riding on the ergometer exercise bike, players 'walk' around streets to reach a shop or a supermarket to buy daily commodity by themselves, or 'walk' to a bus stop and travel to different destinations.

The VR training system provides 16 levels of tasks with increasing difficulties to enhance the cognitive functions of players. The resistance level of the ergometer exercise bike can also be adjusted corresponding to the training need. Players have to attend two (30-minute each) VR sessions per week for a total of eight-week for achieving health results, such as mobility improvement and reducing risk of dementia.

Dr Kwan's team [Co-investigators: Prof. Kenneth Fong, (Professor, PolyU's Department of Rehabilitation Sciences) **Dr Justina Liu**, **Dr Harry Qin**, and **Dr Claudia Lai**; Research assistants: **Ms Lydia Suen** and **Ms Abigail Kam**] recently conducted a pilot test on a small group of older adults with cognitive frailty. Those in the intervention group showed significant improvement in cognitive ability, when compared with participants in the control group, who received motor and cognitive training separately (each session included a 15-minute cycling and 15-minute cognitive tablet games or newspaper reading), however, their improvement in motor ability was marginal.

The research team is planning to modify the design of the VR training system for enhancing users' motor abilities. This year, the VR training will be given to 650 community-dwelling older adults with cognitive frailty.

Click [here](#) to see the demonstration of our VR motor-cognitive training system

* Cognitive frailty-Definition from an (IANA/IAGG) international consensus group. (2013) *The Journal of Nutrition, Health and Aging*, 17(9):726-34.
<https://pubmed.ncbi.nlm.nih.gov/24154642/>

** Dr Rick Kwan and his team has won a grant of HK\$ 2.9 million from the Innovation and Technology Fund for Better Living of the Innovation and Technology Bureau.



▶ A user put on the VR headset and took on a journey to complete tasks of activities of daily living.



▶ The VR training system will be modified to increase the users' cycling workouts.

Students are 'Most Unhappy' in HK Happiness Index

Dr Simon Lam released the 2020 edition of the Hong Kong Happiness Index Survey. The index was 6.16 points, similar to last year's 6.15 points. Students aged 12 to 18 were the most unhappy group, with an index of 5.87 points, while those who were 55 years old or above were the happiest, with an index of 6.61 points.

School suspensions and reduction of social activities during the COVID-19 were believed to cause physical and mental stress among students that led to the result. Compared to other age groups, young people aged 35 or below were more dissatisfied with three survey items: government governance (3.03 points), degree of trust in government handling (3.04 points) and politics and society (3.31 points).

HK.WeCare, the non-profit group that commissioned the survey to the School, urged the Government to pay more attention on views of young people and suggested schools promoting mental health education and strengthening teacher-student communication.



Projects received external funding support

List of our research projects that have received external funding support:

Project Title	PI	Funding Scheme	Total Grant (HK\$)
香港中醫醫院中醫護理培訓研究 (A Research for Chinese medicinal nursing training for Chinese Medicine Hospital in Hong Kong)	Dr Janice Ho	Chinese Medicine Development Fund	890,300
Evaluation of the filtering efficiency, fit rate and mask usability of two newly developed N95 respirators	Dr Simon Lam	Vannex International Ltd	543,720
Development and validation of a holistic health literacy scale for family caregivers of older people	Dr Patrick Kor	National Institute for Health and Care Excellence (NICHE) Research Grant	117,591
Effects of mHealth on promoting self-care health management among older adults in the community: A 3-arm randomized controlled trial	Dr Arkers Wong	NICHE Research Grant	112,844
Evaluation of a 25-day home-based, multisensory cognitive stimulation program for the people with dementia and their family caregivers	Dr Patrick Kor	Donation from Mr Kam-wah Ma (MH, JP), an experienced social worker & the School's matching fund	60,000



▲ Dr Patrick Kor and the project team members received the donation from Mr Kam-wah Ma (3rd from left) on 6 November 2020.

Research Themes & Centres Update

Ageing and Health



Cross-border Elderly Care Seminar

The Centre joined hands with seven local elderly care associations/research institutions to organise the 9th Cross-border Elderly Care Seminar online on 22 January 2021.

With the theme 'Opportunities and Challenges of Ageing in Greater Bay Area (GBA): Cross-border Services Amid of Covid-19', this year, the speakers included:

- Mr Yuen-man Chung, *JP*, Commissioner for the Development of the Guangdong-Hong Kong-Macao Greater Bay Area;
- Professor Chung-Mau Lo, Hospital Chief Executive, University of Hong Kong-Shenzhen, Hospital; Chin Lan Hong Professor and Chair of Hepatobiliary and Pancreatic Surgery; Chief of Division of Liver, Transplantation, HKU/Queen Mary Hospital;
- Mr Jacob Wong, Councilor of Life Insurance Council and Member of Task Force on Greater China Affairs, The Hong Kong Federation of Insurers.

They overviewed the developments of elderly care, Hong Kong medical service and insurance service in the GBA. Discussions were made on the supports to older adults travelling the border and challenges of elderly residential homes in the COVID-19 pandemic.

Co-organisers of the seminar included PolyU's Department of Applied Social Sciences and Institute of Active Ageing, Sau Po Centre on Ageing of the University of Hong Kong, Asia-Pacific Institute of Ageing Studies of Lingnan University, Helping Hand, Hong Kong Association of Gerontology, and Hong Kong Society for Rehabilitation.



Welcome to a new member



Dr Tyrovolas Stefanos, Research Assistant Professor, who is specialised in ageing and nutrition epidemiology while he has extensive experience with data harmonization and management. He is a certified dietitian and nutritionist. Before joining the School, he was Principal Investigator for the Fundacion & Parc Sanitari Sant Joan de Deu, and the Institute of Carlos III in Spain (placed in Barcelona). His research interests are in the area of Healthy & Successful Ageing; Frailty, Sarcopenia and ageing related body composition changes; Public health Nutrition and Harmonization Methodologies.

Family and Community Health



PolyU new N95 respirators-Patent filed and debuted in palliative care centre

PolyU has filed a patent at the Patents Registry, Intellectual Property Department, HK Government, for the unique 'adjustable elastic straps' of the new N95 surgical particulate respirators, developed and validated by **Dr Simon Lam and his team*** (filer's ref: HK32020021992.3) and a license agreement was signed on 11 January 2021 between PolyU Technology and Consultancy Company Ltd. and Vannex International Limited, which sets the ground for bulk manufacturing of the respirators for commercial and clinical uses.

Traditional N95 respirators have non-adjustable stripes and do not fit well on Chinese people. During the COVID-19 pandemic, shortage in the supply of traditional N95 respirators has turned healthcare workers to spend long hours in wearing N95 nano-fiber masks, particularly those with ear loops and clips to protect themselves against the novel virus. These tight fitted masks have left many healthcare workers with pain, pressure sores or bruises. Dr Lam had the same experience in the battle against SARS in 2003 when he was a nurse on the coronavirus frontline. Determined to find the solution, Dr Lam led our team of nursing and infection control experts to develop new N95 respirators.

The uniqueness of our new respirators lies in their innovative PVC (synthetic rubber) adjustable elastic straps that allow users to fit the respirators according to their facial contour and head size to optimise fit rates. All models of our new N95 respirators are certificated with FFP3 or FFP2 standards (highest respirator standards-at least 99% or 94% filter capacity in removing of all particles that are 0.3 microns in diameter or larger).

Our new N95 respirators were debuted in the Haven of Hope Sister Annie Skau Holistic Care Centre (基督教靈實協會靈實司務道寧養院), a centre providing palliative and elderly care, and have received very positive feedback. Dr Lam and his team performed fit tests with our new respirators on over 100 centre's staff and our new N95 respirators were proven outstanding. 'The fit rates of traditional N95 respirators are about 60% for Chinese people. Our two models of new respirators obtained very good fit rates at 87% and 88%.' Said Dr Simon Lam. Dr Paul Wong, Deputy Medical Superintendent of the holistic care centre commented in a letter of appreciation to the School that 'the usability of these respirators, e.g., optimal tightness, comfort level and prolonged usage, were all satisfactory and better than any conventional model.'

Meanwhile, Dr Lam's team has provided samples of the new respirators to the Hospital Authority (HA) Head Office, hospitals under HA, and some private hospitals for trial and examination. 'Our new respirators will certainly play an important role in protecting thousands of our healthcare professionals in hospitals and clinics, as well as healthcare workers in the community'. Said Dr Simon Lam.

*Dr Simon Lam (Principle Investigator and Deputy Director of the School's Squina International Centre for Infection Control) and our team of nursing and infection control experts including: Dr Lorna Suen, Dr Sukki Ho, Ms Ka-Yan Ko, Mr Timothy Lai, Mr Keith Fung, and Ms Wing-sum Ng.



▶ PolyU new N95 respirators with unique adjustable elastic straps.



▶ Our team of nursing and infection control experts discussed how to improve the usability of the new respirators.



▶ PolyU new N95 respirators come in two face sizes for perfect fit.



▲ A letter of appreciation was received from the care centre, expressing gratitude to Dr Simon Lam and his team for their efforts in performing N95 respirator fit test for the frontline staff.



Centre organised monthly seminars

The Centre announced the running of a seminar monthly. The first series, 'Embracing Ageing in the Western Pacific', was held online following the WHO re-designation ceremony of the Centre on 20 November.

With the theme 'WHO Action Plan, Life Expectancy and Living in Good Health', Dr Hiromasa Okayasu from the WHO Regional Office for the Western Pacific, talked about the action plan on ageing in Western Pacific. **Prof. Alex Molasiotis**, Director of the Centre, discussed the life expectancy and associated factors in the Western Pacific ageing population in the webinar.

The December webinar focused on 'Ageing Trends and Cognitive Frailty'. The speaker, Dr Suparb Aree-Ue, Associate Professor, Ramathibodi School of Nursing, Faculty of Medicine Ramathibodi Hospital, Mahidol University, Thailand, talked about the ageing trends in Thailand. **Dr Rick Kwan** spoke about the potential of home-based training for improving and preventing cognitive frailty among older people in the community.

'Situating the Care of Older Adults in the Global Health Context: The COVID-19 Pandemic as a Case in Point', was the theme of the first webinar in the year 2021. Prof. Noriko Yamamoto-Mitani, Dean of the School of Integrated Health Sciences and Professor of Gerontological Homecare & Long-term Care Nursing at the University of Tokyo, Japan, gave an overview of how COVID-19 affected long-term care facilities for older persons in Japan. **Dr Claudia Lai**, Honorary Professor of the School, explored how gerontological nurses should respond to global developments in health and living.



▲ Dr Hiromasa Okayasu (left photo), Dr Suparb Aree-Ue (Mid photo: Upper row; 1st from right) and Prof. Noriko Yamamoto-Mitani (right photo: Upper row; 1st from left) at the webinars.

Research Publications

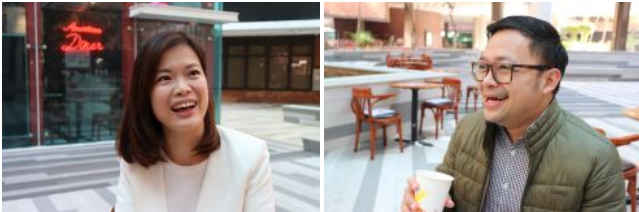
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A dialogue between two researchers about music interventions

Dr Daphne Cheung and Mr Laurence Lloyd Parial (our PhD student from the Philippines; Chief supervisor: Dr Angela Leung; Co-supervisor: Dr Simon Lam) are advocators of music interventions who believe in its effects on improving cognition and promoting mental wellness. Over the years, Dr Cheung's Music with Movement intervention has developed into a research programme that has benefitted hundreds of persons with dementia (PWDs) and their caregivers, as well as thousands of older adults in the community.

Mr Parial, on the other hand, is a beginner in this research area. He is examining the effects of integrated Zumba Gold and cognitive training in improving cognitive function of older adults with mild cognitive impairment. In this conversation, Dr Cheung and Mr Parial exchanged their experiences on the use of music interventions.



Daphne: Why Zumba Gold? What are the special features of your intervention?

Laurence: The Philippines has the highest rate of physically inactive population in East Asia, especially among older adults. Current cognitive training is usually held indoors, which involves mental tasks while cycling, walking, and video gaming. So, I thought of how to engage older people in cognitive training and at the same time involve them in a physical activity for maintaining an active lifestyle. Zumba is a very popular dance that is usually performed in an open space in the Philippines. In fact, the Philippines holds three Guinness World Records for organising the largest Zumba class!

My proposed intervention integrates Zumba Gold and cognitive training. Zumba Gold is a modified Zumba for people over 50 years old with a lower-intensity. The research participants are given intervals of Zumba Gold and simultaneous dancing and cognitive training. For example, they will be asked to spell a 3-letter word or repeat a series of numbers while dancing Zumba.

Laurence: Why are you keen on using music intervention in your research?

Daphne: My grandmom had dementia. At the later stage of her illness, she lost her verbal communication ability. However, in a visit to her, she replied my question by singing, following the rhythm of a song she learnt in the past. I was amazed to see how she used her memory related to the song and music to communicate with the outside world. Music is so powerful! After that, I began to have an interest in music interventions.

Daphne: Your study received the Doctoral Award from the National Hartford Center of Gerontological Nursing Excellence. What is the uniqueness/implication of your study?

Laurence: Few studies have investigated the impact of Zumba on health and psychosocial wellbeing. My study perhaps is the first to examine the effects of a dual-task dance activity on the cognitive function (global cognition, executive function, and memory), functional mobility, quality of life, and mood of older people with mild cognitive impairment. Unlike video games or virtual reality interventions, the cost of my intervention is comparatively low. If proven effective, I hope that my intervention could be used in developing countries for prevention of dementia.

Laurence: Can you tell me how to develop a research programme?

Daphne: I did not plan to develop a research programme. My project simply evolves over time. It started as a journey to exploring the effects of the Music-with-Movement on PWDs at nursing homes. The intervention was proved to bring positive health outcomes, however, we had to find ways to motivate the PWDs to practise the intervention at home. Therefore, we began to train the staff of the nursing homes and family caregivers for delivering the Music-with-Movement. After that, we tried to build capacity in the community by recruiting volunteers for supporting caregivers to deliver the Music-with-Movement at home. For me, the programme is driven by our passion in the Music with Movement and the needs of our clients.

Daphne: What is your next step? Any challenges in the recruitment of research participants?

Laurence: I have begun recruiting a small group of 10 people. The next step is to test the feasibility of the intervention and refine it. A pilot randomised controlled trial will be carried out next year to explore the preliminary efficacy of the intervention.



Dance is commonly seen as an activity for women. So, our Zumba instructor is a man, and the dance was intended to be appropriate for both genders. However, most of our research participants are women and only three are men. I hope to improve this in the next phase of the study.

Laurence: What are your opinions on transdisciplinary collaboration?

Daphne: The Music with Movement intervention was developed under the effort of nurses, a music therapist, and social workers. To achieve the therapeutic effects, the team had to consider multiple factors, such as the characteristics of the selected songs, preference of the participants, and the functional abilities involved. To enhance the experience of our participants, we recently invited an engineer to support us in developing a Music-with-Movement system that integrates AR technology, motion sensing and cloud-based data management. This involves different areas of knowledge and required acceptance and respect of ideas or suggestions from different professionals.



Daphne and Laurence, advocates of music interventions for improving cognition and mental wellness.

Dual Task Zumba Gold VS Music-with-Movement		
Project title	Effects of dual-task Zumba gold on the cognition of community-dwelling older adults with mild cognitive impairment: A feasibility study and pilot randomized controlled trial	A stand-alone therapeutic music-with-movement programme for elderly with cognitive impairment (2020-2023)
Music	Mix of Latin, contemporary, and retro pop music	Selected popular songs in 1950s-1980s, which are favorite songs of many older people.
Intervention	Zumba Dance and simultaneous cognitive training	Music-with-Movement
	Outdoor-An instructor deliver the intervention in an open space	Train the trainer to deliver the home-based intervention
Target	Older adults with mild cognitive impairment	Persons with dementia and their family caregivers
Duration	12 weeks (3 times per week; Each class 45-60 minutes)	12 weeks (2-3 times per week)
Efficacy	A pilot randomised controlled trial will be carried out next year to explore the preliminary efficacy of the intervention	Anxiety and depressive symptoms, agitation improved. Enhance caregivers' understanding of PWDs
		

Staff

- *Dr Simon Lam's* efforts against COVID-19 stood out among other candidates and he was selected to receive the 2nd place of the Special Recognition Award for COVID-19 pandemic, given by the Hong Kong Academy of Nursing. He has also been invited as the External Member of the Board of Examiners (BoE) for the Professional Diploma in Nursing (PDN) of School of General Nursing, Queen Elizabeth Hospital, the Hospital Authority.
- *Dr Angela Leung* was appointed as a member of the Assessment Panel of the Innovation and Technology Fund for Application in Elderly and Rehabilitation Care, Social Welfare Department, HK Government, for a two-year term until 2022.
- *Dr Lin Yang* took up the role as Associate Editors for *Frontiers in Medicine* and *Frontiers in Public Health*. *Dr Simon Lam* took up the role as Review Editor for *Frontiers in Medicine*.
- Upon the departure of *Dr Daniel Bressington*, *Dr Sau-fong Leung* has taken up the role as the leader of the Mental Health Care theme and *Dr Grace Ho*, the Deputy leader.
- Upon the departure of *Dr Lorna Suen*, *Dr O'Donoghue Margaret* has taken up the role as Director and *Dr Simon Lam*, Deputy Director of Squina International Centre for Infection Control.
- Congratulations to *Ms Lily Ho* who was awarded the Doctor of Health Science degree at PolyU in November.

Staff movement

Welcome to *Dr Stefanos Tyrovolas* who joined the School as Research Assistant Professor; *Ms Vivian Lai* who joined the School as Administrative Assistant; *Dr Sze-wing Ho* as Postdoctoral Fellow; *Dr Yan Zheng* as Postdoctoral Fellow and *Ms Mei-po Lee* as Assistant Technical Officer.

Farewell to *Dr Lorna Suen* and *Dr Daniel Bressington*, Associate Professors; *Dr Paul Lee*, Assistant Professor; *Ms Godiva Yung*, Assistant Technical Officer; *Mr Cato To*, Assistant Information Technology Officer; *Mr Kade Chan* and *Ms Bobo Ng*, Assistant Officer. We thank them for their contributions during the time with us.

Students

Health Talk supporting older adults fight against COVID-19

Our students on clinical practicum are required to complete 20 hours of primary health care service. In November, the service focused on enhancing infection control for older adults in the community. Collaborated with Community Care Aged Foundation and Yuen Yuen Institute Elderly Service, and supervised by *Ms Phyllis Pang*, year-three students on the BSc (Hons) in Nursing programme delivered online health education to reinforce preventive measures against COVID-19 among older people and help them identify motivators for maintaining healthy lifestyles in combating the novel Coronavirus. About 80 older adults from four elderly centres attended the health talk.

Click [here](#) to view the health talk given by the students.



Students named on Dean's list

Thirty-eight nursing students (21 undergraduate and 17 postgraduate students) have been named on the Dean's Honours List (2019/2020). Dean's Honours List was established by the Faculty of Health and Social Sciences to give recognition to students with outstanding performances.

Alumni

(3 Nov 2020)

The Alumni Association of Nursing Studies (AANS) and the Young Alumni Sub-committee of the Federation of PolyU Alumni Association (FHKPUAA) organised a webinar entitled 'Be a Smart Healthy Traveler'. Our invited speaker, Dr Michael Ho, Public Relationship Secretary of AANS, shared his experience and knowledge on how to handle discomfort and injury when travelling abroad.



(27 Nov 2020)

AANS delivered clinical work experience talks for the final year students on the BSc in Nursing programme during the programme leader meetings.

(9 and 16 Jan 2021)

The Clinical Bridging Workshops (two identical sessions) were delivered by AANS for the final year students on the BSc in Nursing programme. This scenario-based clinical simulation workshop aimed to enhance students' knowledge and skills for transition from student nurses to registered nurses.



▲ Mr Ocean Tang (left), a member of the executive committee of AANS, preparing the equipment in the School's lab for the workshops.

Words of Encouragement from our graduate

During the COVID-19 epidemic, Mr Lap-fung Tsang, our graduate of the BSc in Nursing programme, who is now a Senior Nursing Officer at Haven of Hope Hospital, have sent our teachers and students some words of encouragements.



Visitors



Date : 1 December 2020

Institution / Organisation : China Hong Kong Food & Medicine
Registration Ltd

Country : Hong Kong SAR

Visitors : Mr Kwan See Tung
Dr Paul Yu



Current Issues

2020



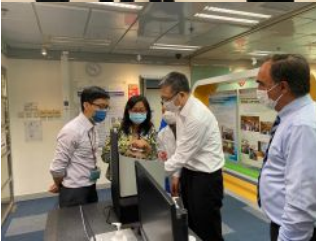
(4 Nov)

Dr Claudia Lai, our Honorary Professor, met our freshmen online to answer questions related to nursing, share her career journey and give encouragements to the students.



(20 Nov)

Professor Jin-Guang Teng, President of PolyU (upper photo: 1st from left) toured around the centres and labs of the School and met our staff members to learn more about our latest development and research opportunities.



(24 Nov)

The School joined hands with the Department of Applied Mathematics to hold the Guangdong-Hong Kong-Macao Greater Bay Area Workshop on the evolution and spread of influenza. Eighty people participated in the workshop.



(27 Nov)

Collaborated with Hong Kong Council for Accreditation of Academic and Vocational Qualifications and Federation for Self-financing Tertiary Education, a conference on 'Credit Transfer Practices in Higher Education: Partnership for Success' was organised by the UGC-funded Teaching and Learning Project 'Enriching Senior Year Places Students' Learning Experience through Curricular and Co-curricular Activities in Hong Kong's Universities' (The SYA Project) led by Dr Kin Cheung.

(27-28 Nov)



The School collaborated with the 5th Affiliated Hospital of Zunyi Medical University, Zhuhai, and Guangdong Provincial Nurse Association to jointly organise the Conference on Zhuhai's Cutting-Edge Funded Scholarly Exchange Projects, which gathered nursing and medical experts in the Greater Bay Area to exchange research findings and nursing experiences under the challenges of the new coronavirus. Led by Prof. Alex Molasiotis, a team of SN speakers including Prof. Frances Wong, Prof. Alice Yuen Loke, Prof. Angela Leung, and Dr Simon Lam delivered speeches on various topics.

(28 Nov)



Members of the CGN participated in the 27th Annual Congress of Gerontology organised by Hong Kong Association of Gerontology. Mr Laurence Lloyd Parial, our PhD student (Chief supervisor: Dr Angela Leung; Co-supervisor: Dr Simon Lam) received the Outstanding Paper Award (3rd prize). Ms Angel Tang was the moderator of the free paper presentation session 'Residential and Community Care'.

(3 Dec)



The School's Integrative Health Clinic held a workshop on chronic muscle strain and acupuncture for pain management.

(10 Dec)



An online webinar 'The Public Participation in the COVID-19' was jointly organised by the School and the Asian Health Literacy Association. Over 250 scholars and policy makers in Asia attended the webinar and discussed challenges and opportunities of health literacy during the COVID-19 pandemic. Dr Patrick Kor was invited to give a talk on 'COVID-19 Information Seeking and Digital Health Literacy in People with Chronic Diseases'.

(12 Dec)



Pi Iota Chapter (PIC), Honor Society of Nursing, SIGMA, held the annual induction ceremony online. Prof. Doris Yu, Professor, School of Nursing, LKS Faculty of Medicine, The University of Hong Kong, delivered a keynote speech at the event. Thirteen people were inducted this year and Dr Lily Ho's project on fatigue among people with stroke gained her the PIC scholarship, among two other awardees.

A new Board of Directors was announced earlier. Dr Rick Kwan is the President, and Dr Esther Wong and Ms Cynthia Huie-Rose are the Vice-Presidents of PIC.

(Dec)



Dr Simon Lam and Dr Lorna Suen contributed two chapters 'masks and fight against COVID-19' and 'psychological wellbeing in combating COVID-19 pandemic' to the book *Road to the COVID-19 Battle*, written and edited by the medical professionals of the Hong Kong East Cluster, the Hospital Authority. Dr Jerry Yeung and Dr Teris Cheung are two of the contributors of the chapter about psychological wellbeing.

2021



(14 Jan)

The first class of the 'Certificate in Infectious Diseases and Infection Control for Health Care Professionals 2021' course, ran by the School's Squina International Centre for Infection Control, was delivered. This year, the student intake quota has increased from 60 to 100. A total of 98 students were admitted to the course.